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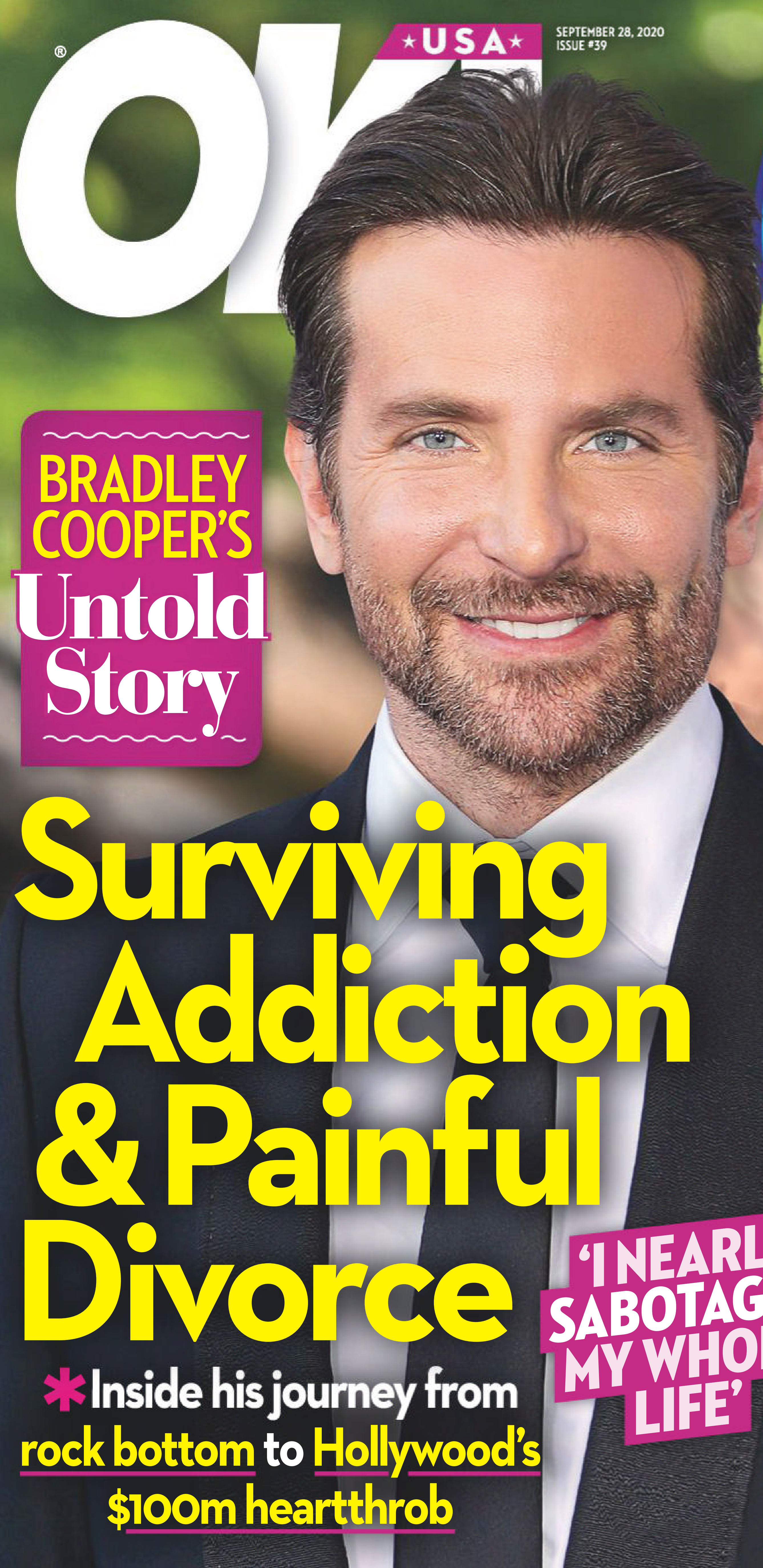
ISSUE #39



**BRADLEY COOPER'S**
# Untold Story

# Surviving Addiction & Painful Divorce

**'I NEARLY SABOTAGED MY WHOLE LIFE'**

* Inside his journey from rock bottom to Hollywood's $100m heartthrob

## MEGHAN & HARRY FOR HIRE!

## CRAZY $1M DEMANDS!

EXCLUSIVE PHOTOS

## MATTHEW'S MALIBU HIDEAWAY!

JANUARY JONES

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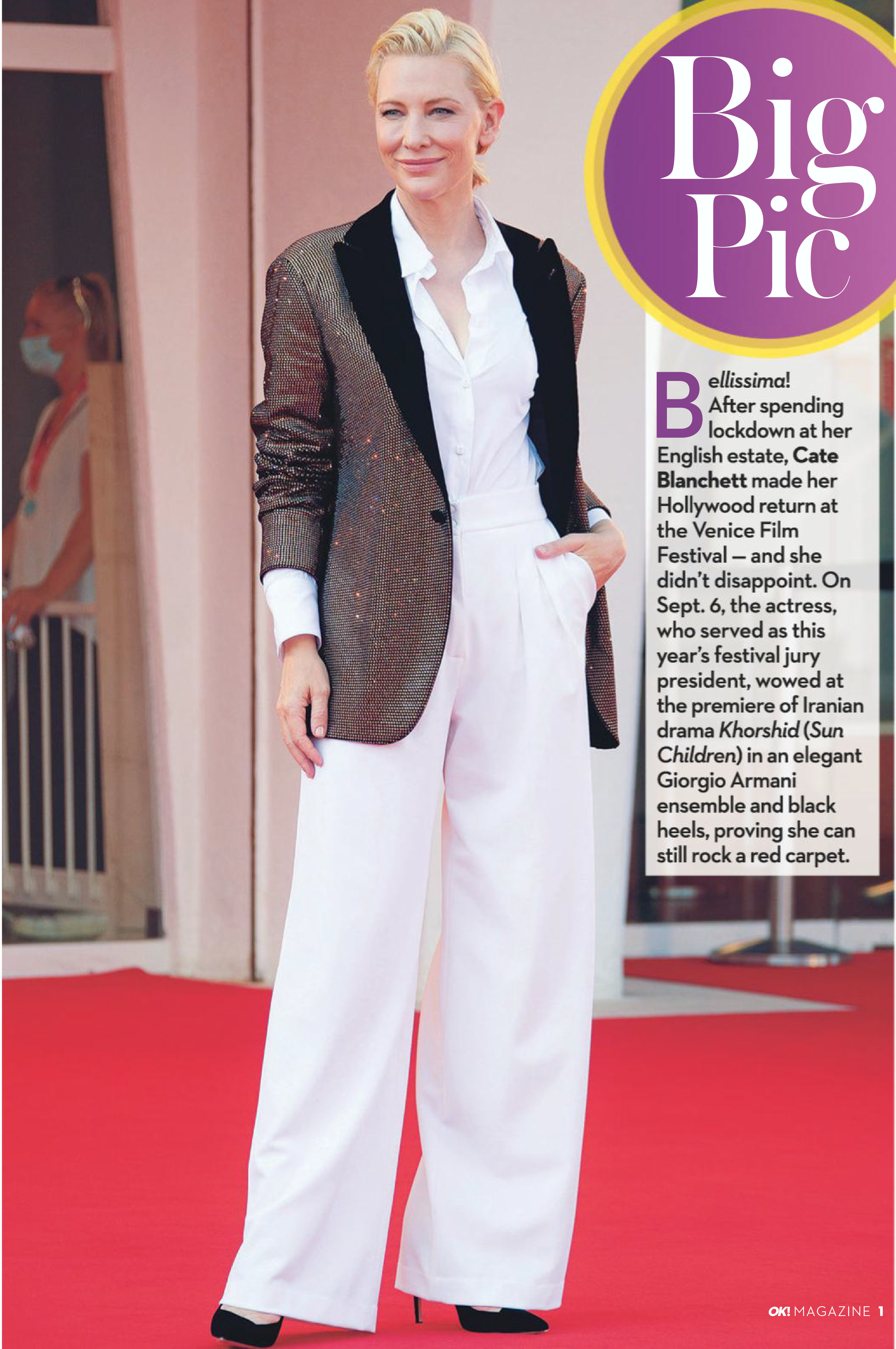

# Big Pic

*Bellissima*! After spending lockdown at her English estate, **Cate Blanchett** made her Hollywood return at the Venice Film Festival — and she didn't disappoint. On Sept. 6, the actress, who served as this year's festival jury president, wowed at the premiere of Iranian drama *Khorshid* (*Sun Children*) in an elegant Giorgio Armani ensemble and black heels, proving she can still rock a red carpet.

OK! ★USA★

SEPTEMBER 28

# Contents

## ON THE COVER

### A ROYAL PAIN

6 **Prince Harry** and **Meghan Markle** have a strict set of demands for anyone looking to hire them for a speaking event.

### DREAM HOME

26 Go inside **Matthew Perry**'s $15 million Malibu mansion.

### FINDING HIS WAY

32 How **Bradley Cooper** turned his life around and became one of the most celebrated actors in Hollywood. Plus: An insider spills on the star's plans for the future and whether he'll give marriage another go.

### FIT & FABULOUS

42 The best diet and workout tips from *Mad Men* alum **January Jones**.

### AMAZING JOURNEY

P. 32

Inside **Bradley Cooper's** rise to the top — and the challenges he overcame to get there.

### BUTTING HEADS

P. 30

**Joanna** and **Chip Gaines** aren't seeing eye to eye when it comes to expanding their empire, says a source.

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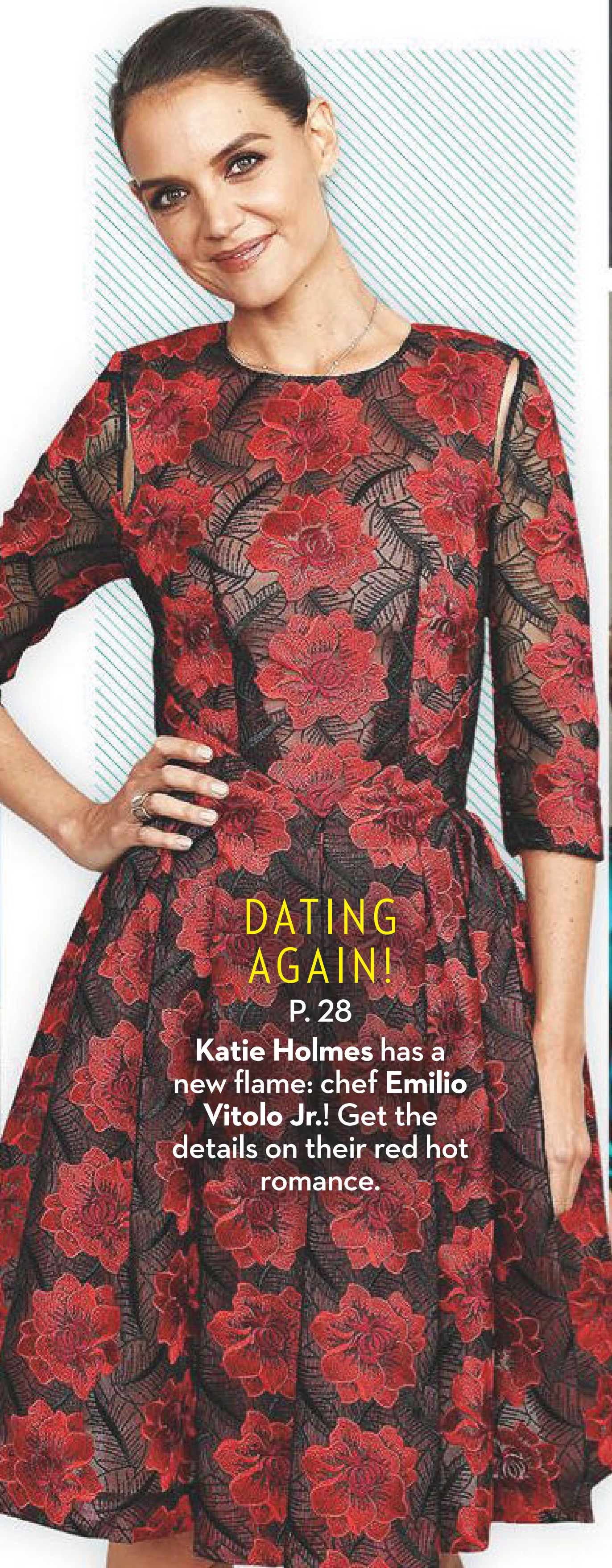
## ALSO IN THE ISSUE

HOT STORY........4
THIS WEEK........6
RED CARPET........10
WHO WORE IT BETTER........12
NEWS IN PHOTOS........14
INSIDE MY HOME........26
COUPLES NEWS........28
SPOTLIGHT........38
INTERVIEW........40
BODY........42
CELEBRITY COOKBOOK........44
STYLE WEEK........46
FASHION........50
ENTERTAINMENT........54
WE'RE OBSESSED WITH........56
BUZZ........58
HOROSCOPE........62
BY THE NUMBERS........64

### SHE'S THE BOSS

P. 29

A source says **Jessica Biel** is keeping hubby **Justin Timberlake** busy with a long list of chores.



### DATING AGAIN!

P. 28

**Katie Holmes** has a new flame: chef **Emilio Vitolo Jr.**! Get the details on their red hot romance.

### BEHIND THE SCENES

P. 38

The *Golden Girls* turns 35! *OK!* shares fun facts and secrets about the hit sitcom.

### OFF THE MARKET

P. 36

An insider spills on **Reba McEntire**'s new mystery man.

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# KUWTK OVER AND OUT!

## THE SHOW THAT SPAWNED AN EMPIRE IS ENDING — AND AN INSIDER SAYS IT WAS A LONG TIME COMING

When the **Kardashians** announced plans to end their 13-year cash-cow reality show, *Keeping Up With the Kardashians*, they framed it as a somber decision made "with heavy hearts." But an insider claims that behind the scenes, the vibe among the famous family has been one of utter relief. "There's been a lot of friction" over filming demands, spills the insider, "and they're all officially sick and tired of the drama."

### CURTAIN CALL

In 2017, just before the clan inked a reported nine-figure deal to extend the show, **Khloé**, 36, copped to tiring of the six-day-a-week shooting schedule and to misgivings over airing "things like **Kim**'s [Paris] robbery or **Caitlyn** [**Jenner**]'s transition... that's the kind of stuff we wish we had never filmed."

But cameras continued to capture the family's mega-dramas: Kim learning of **Kanye West**'s mental breakdown; Khloé grappling with both of baby-daddy **Tristan Thompson**'s cheating scandals; and multiple screaming fights over **Kourtney**'s desire to step back from the show, finally escalating into a physical altercation in which Kourtney lunges at Kim and yells, "I will literally f*** you up!"

"I just think I reached my point of not being able to tolerate it anymore," Kourtney, 41, said of filming *KUWTK*, an environment she later described as "toxic."

And while Kim, 39, and Khloé have long advocated for the series that made them millionaires to go on — partially out of loyalty to momager **Kris Jenner** — the insider claims that Kim currently "has her hands full with her four kids and Kanye, who hates doing the show. She realized all the controversy with his presidential bid and the divorce rumors make this an awful time to be filming."

Khloé, meanwhile, wants to concentrate on her relationship with Tristan. "If they stand any chance at all, she knows they'll have to withdraw from the spotlight," notes the insider. "At this point, everyone just feels like they have more important things to worry about." That's a wrap! OK!

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# HARRY & MEGHAN FOR HIRE!

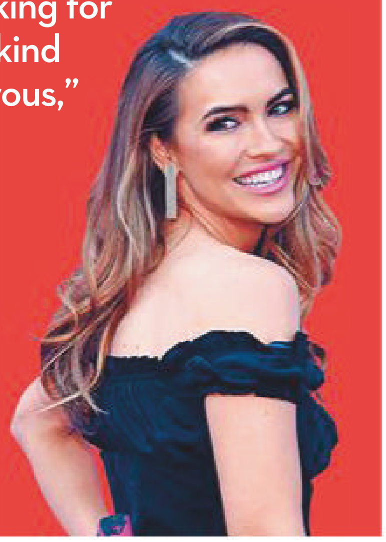
**WHEELING AND DEALING**
"Harry and Meghan are so careful when it comes to [booking appearances]," says an insider. "There's no margin for error, as far as they're concerned."

Since trading their royal roles for independence and a lavish life in Southern California, **Prince Harry** and **Meghan Markle** are making their own rules — plus a litany of demands! An insider reports that Meghan, 39, and Harry, 36, who recently inked a $100 million production deal with Netflix, are also booking lucrative speaking engagements, bound by a set of airtight parameters. "Before they commit to anything, they need assurances about audience reach, connectivity [plans], the organizers they're working for and iron-clad contracts that give them financial security," reveals the insider. "They require money upfront and assurances that sponsors won't drop out, plus smaller things like first-rate sound quality and adequate time to prepare."

The couple's also demanding one very hefty paycheck: "$1 million for select appearances," says the insider. Determined to establish financial independence — and having finally paid back $3 million of U.K. taxpayer money for their elaborate renovation of Frogmore Cottage, their former royal residence — the parents to baby **Archie**, 16 months, have become fierce negotiators on their own behalf. "They're acutely aware that the eyes of the world are on them, and that any faux-pas could have disastrous effects from a PR perspective," says the insider, adding that the Sussexes aren't hesitating to micromanage, even demanding final approval of moderators for their events. "There's no room for silly risks. Meghan and Harry are hugely ambitious — and they're not leaving anything to chance."

# CHRISHELL ON THE PROWL!

She's back on the market! After being blindsided by ex-husband **Justin Hartley** last November when he unceremoniously ended their two-year marriage in a text, **Chrishell Stause** is finally ready to move on. "She's stepping back into the dating scene," a source tells *OK!* of the *Selling Sunset* star. The source says Chrishell, 39, had been holding out hope Justin, 43, would come crawling back, but he's since found love with his *Young & The Restless* costar **Sofia Pernas**. "That stung," says the source, "but Chrishell's gotten her confidence back and is going through her many dating options with friends." Her type? "She's looking for someone kind and generous," says the source, adding, "self-centered actors need not apply!"



# BLAKE'S DIET WOES

He's an A-list country superstar, but **Blake Shelton** isn't immune to the quarantine 15! According to an insider, the crooner has been struggling to eat healthily during lockdown, despite girlfriend **Gwen Stefani**'s pleas. "Gwen mostly sticks to vegetables, fruit and quinoa, and has tried to get Blake to eat better," says the insider. "But Blake refuses to give up the chips, chicken wings and his biggest weakness – beer!"

According to the insider, Gwen, 50, has been finding snack wrappers hidden around the house, and Blake, 44, often eats whatever the "Make Me Like You" singer's three sons leave on their plates when nobody's looking. "What's maddening is that he starts each day saying it'll be different, then succumbs and lets himself down," dishes the insider, noting that Blake's goal is to drop at least 10 pounds. "The whole family is waiting for Blake to get his act together because he's really grumpy when he overdoes it!"

**Blake, who's 6-foot-5, was down to a lean 211 pounds after his 2015 divorce from Miranda Lambert, "but the weight slowly crept back on," says a source.**

# HANK Can't Shake Kendra

It's been more than two years since they went their separate ways, but a source tells *OK!* **Kendra Wilkinson** is still on **Hank Baskett**'s case. "Publicly, Kendra says they're getting along great, but Hank claims Kendra is micromanaging him to death, and he's sick of it," says the source. "She reads him the riot act if he's five minutes late picking up the kids [**Hank IV**, 10, and **Alijah**, 6] and gets ticked off if he doesn't pick up straight away when she calls." Hank, 38, is telling friends he's fed up with 35-year-old Kendra's attempts to control him – she's even been giving him flack for dating other women. "To be fair to Kendra, it hasn't been easy for her, and Hank drives her crazy sometimes too," says the source. "But Hank really wishes she'd just relax and let him be!" So much for friendly exes.

**MIND GAMES**

"Hank says Kendra has been manipulating him to the point of exhaustion," says a source.

# ANGELINA'S ANIMAL HOUSE

Things are getting pretty wild at **Angelina Jolie**'s $25 million L.A. mansion. A source says the 45-year-old actress and her six kids (**Maddox**, 19, **Pax**, 16, **Zahara**, 15, **Shiloh**, 14, and 12-year-old twins **Knox** and **Vivienne**) are totally outnumbered by pets — and they're stinking up the place! "There are so many animals running around, and many of them aren't house trained, so when they get out of their crates, all hell breaks loose," says the source. While the kids have been promising to clean up after their dogs, bearded dragons, exotic birds, rabbits, snakes, lizards, mice and more, Angelina has been left to pick up the slack. But since she doesn't have much free time to train the critters, "they end up chewing and destroying things and marking their territory," says the source. "It's getting out of hand, and smelly as hell."

**Watch your step! A source says Angie thinks it's "beneficial" for the kids to have pets, but things are getting messy at home.**

# BRUCE FLIPS OVER RUMER & ARMIE

One simple rule for dating **Bruce Willis**' 32-year-old daughter: Don't! An OK! insider claims that the *Die Hard* star, 65, was less than thrilled to find out that his eldest child, **Rumer**, went on a date with newly single **Armie Hammer**. Fueling Bruce's papa-bear fire? The fact that the 34-year-old actor — still technically married to estranged wife **Elizabeth Chambers**, from whom he split in July — was seen courting **Josh Lucas**' ex-wife, **Jessica Ciencin Henriquez**, just days before his outing with Rumer! "Bruce doesn't want his little girl to get hurt," explains the insider. While the *DWTS* champ's mom, **Demi Moore**, "is letting Rumer make her own choices," notes the insider, Bruce is less likely to butt out. "He's very protective of all his daughters," explains the insider, "but Rumer is his firstborn, and he thinks she should know better." Hands off, boys!

**GETTING CLOSE**

On Sept. 2, the *Call Me By Your Name* actor was spotted putting his arm around Rumer's waist while out in L.A.

# KAIA Stuck on Cara

Moving right along! According to reports, **Cara Delevingne**, 28, has ended her fling with fellow supermodel **Kaia Gerber** — who she was seen getting cozy with following her split from **Ashley Benson** in April — and is now dating singer **Halsey**. Left in her wake? A devastated Kaia, 19, who's had a rocky romantic stretch since her split from **Pete Davidson** last December. "This sucks for Kaia," says a source. "She's still totally enchanted by Cara, and hopes they can keep it going somehow, even if it's not exclusive anymore." While new baes Cara and Halsey appear to be exacting a bit of romantic revenge — as their respective exes, Ashley and rapper **G-Eazy**, have coupled up — Kaia isn't exactly licking her wounds, publicly at least. On Sept. 2, she was spotted holding hands in NYC with *Euphoria* star **Jacob Elordi**. "Kaia's giving Cara a taste of her own medicine," says the source. "But secretly, she hopes they can still work things out."

**"There's a chance Cara could rekindle things with Kaia in the future," notes a source, "but right now she's focused on Halsey."**

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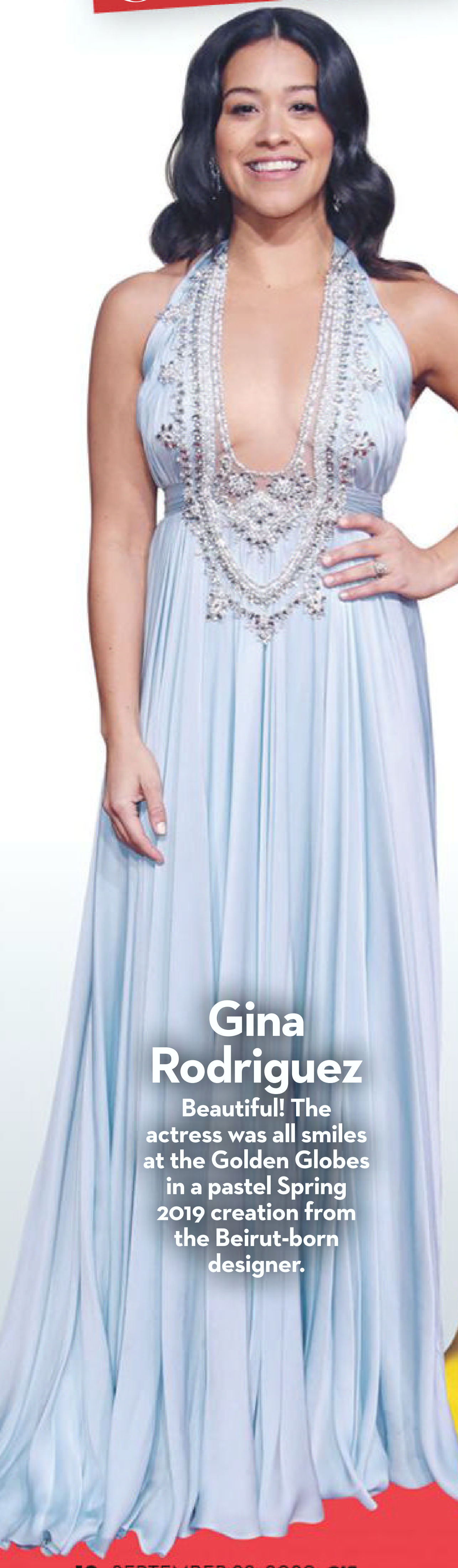
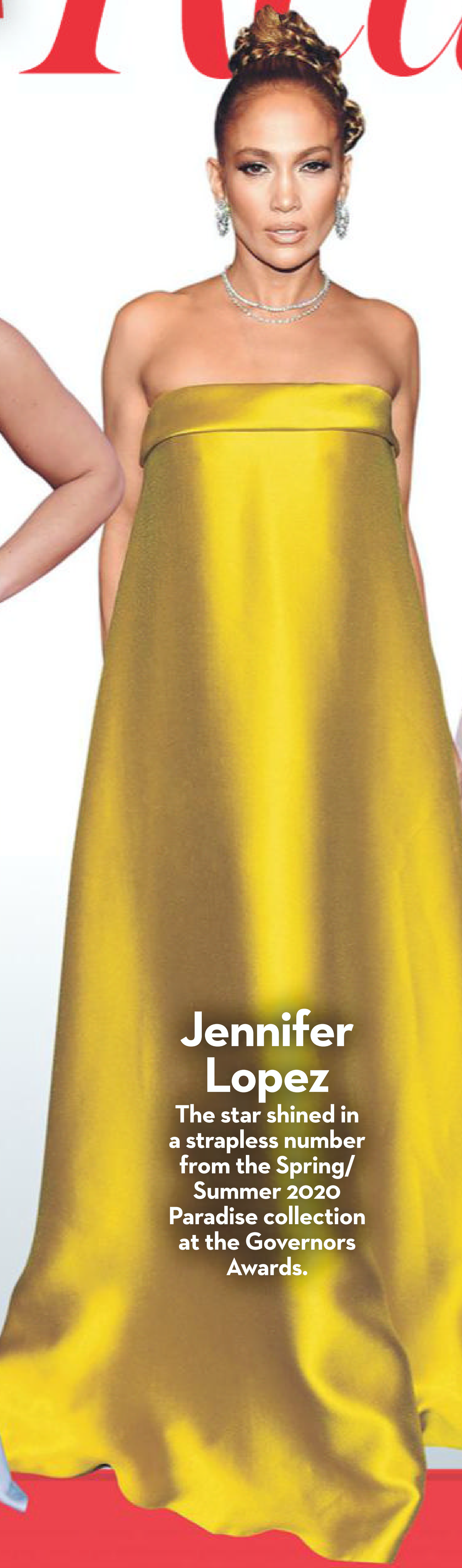
# Red *hot* on the *Red* CA



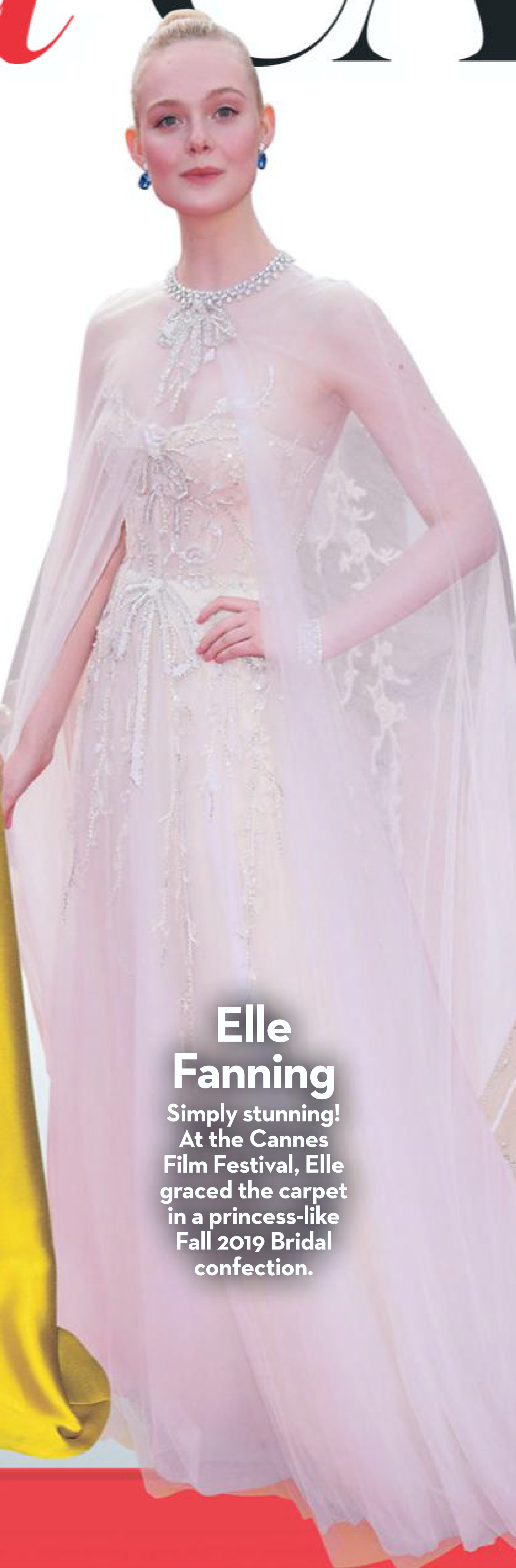
**Gina Rodriguez**

Beautiful! The actress was all smiles at the Golden Globes in a pastel Spring 2019 creation from the Beirut-born designer.



**Jennifer Lopez**

The star shined in a strapless number from the Spring/ Summer 2020 Paradise collection at the Governors Awards.

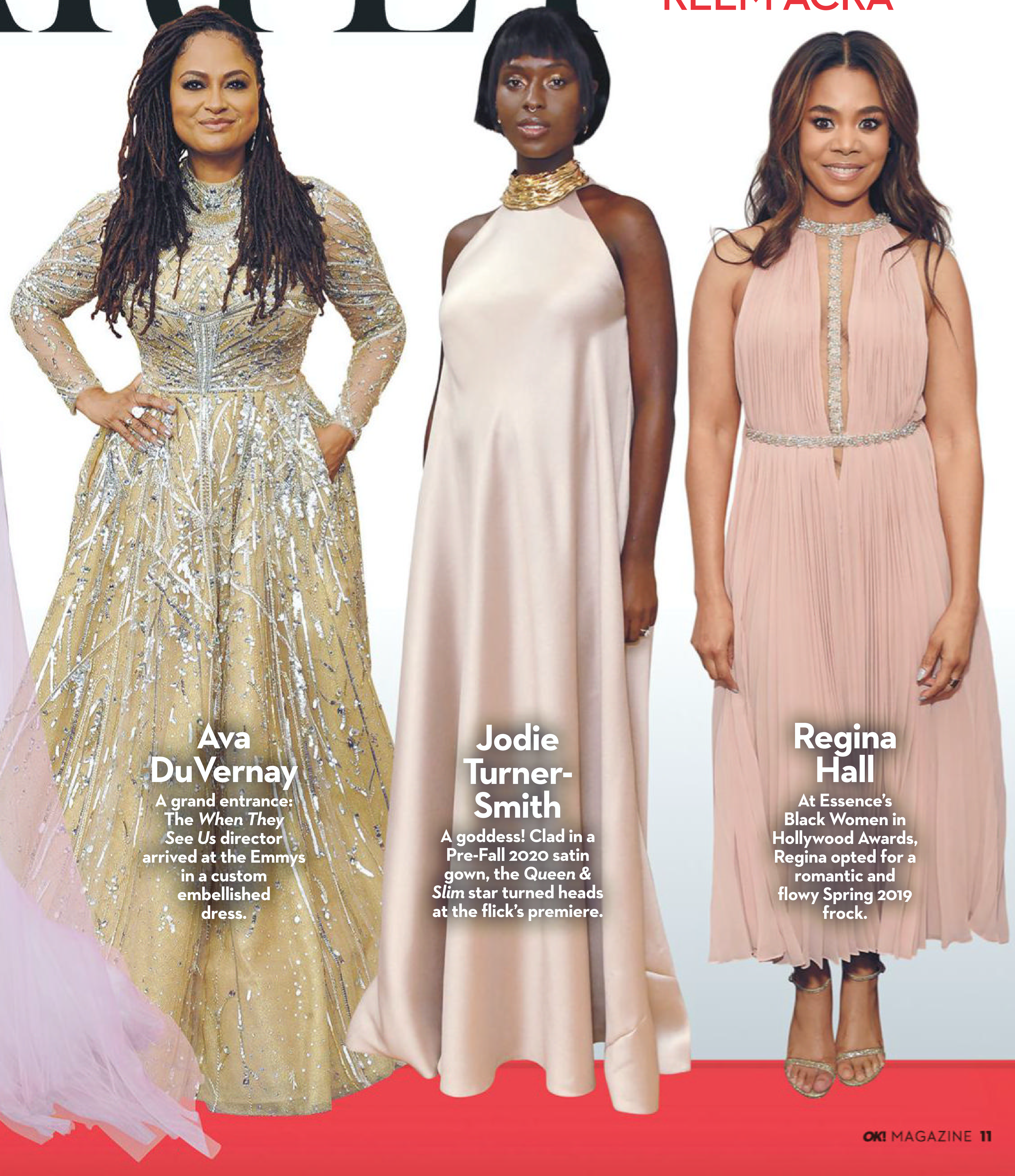


**Elle Fanning**

Simply stunning! At the Cannes Film Festival, Elle graced the carpet in a princess-like Fall 2019 Bridal confection.

# ARPET

## STARS MAKE AN ELEGANT STATEMENT IN REEM ACRA



**Ava DuVernay**

A grand entrance: The *When They See Us* director arrived at the Emmys in a custom embellished dress.

**Jodie Turner-Smith**

A goddess! Clad in a Pre-Fall 2020 satin gown, the *Queen & Slim* star turned heads at the flick's premiere.

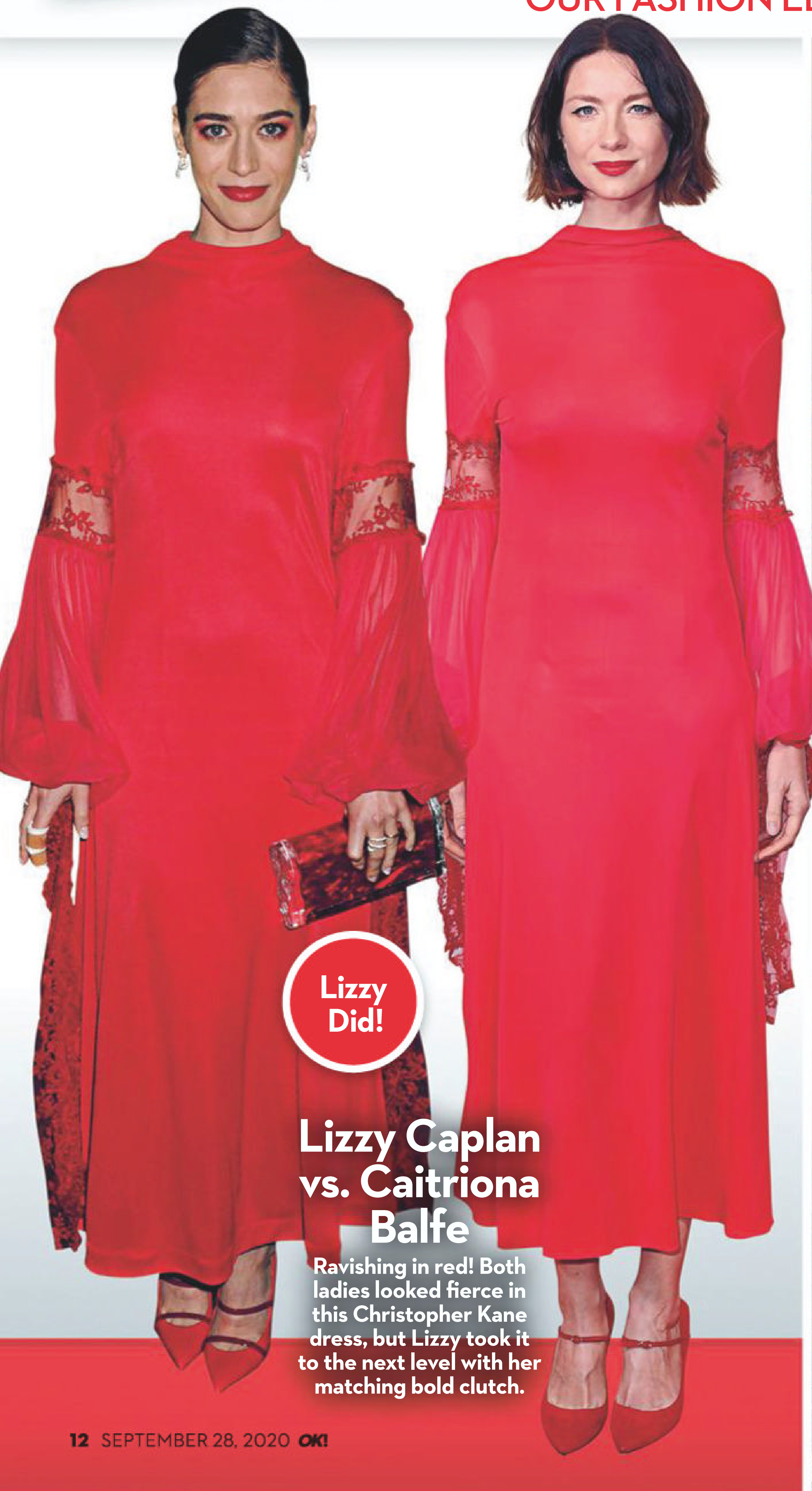
**Regina Hall**

At Essence's Black Women in Hollywood Awards, Regina opted for a romantic and flowy Spring 2019 frock.

**Star style showdown!**

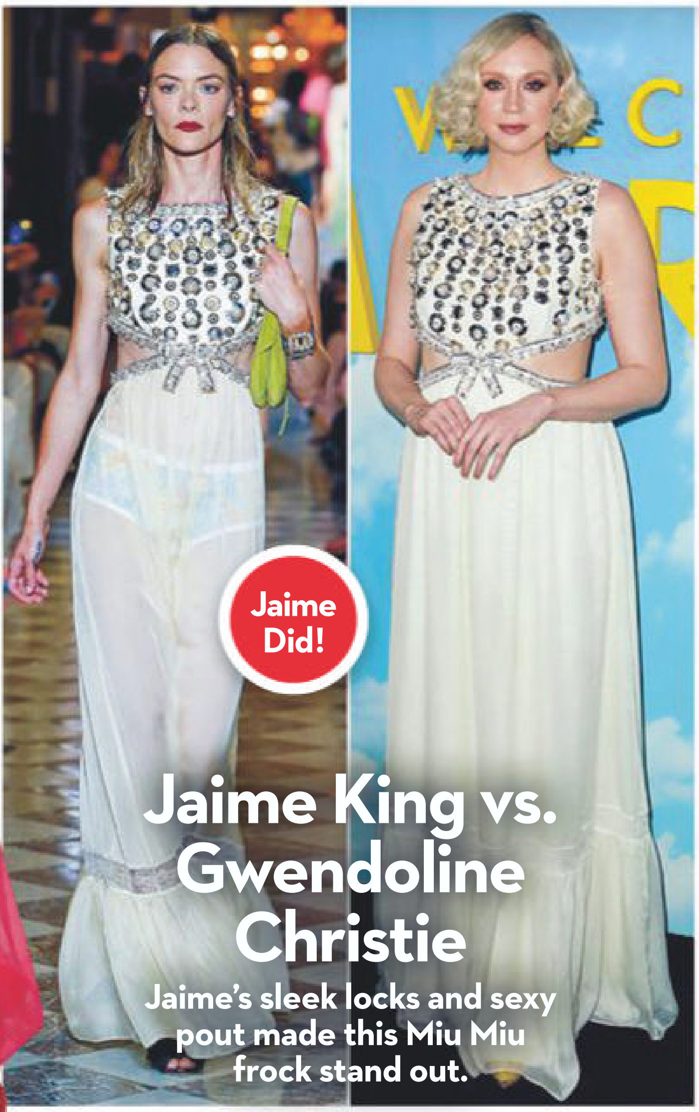
# *Who wore it* BETTER?

OUR FASHION EDITORS MAKE THE CALL



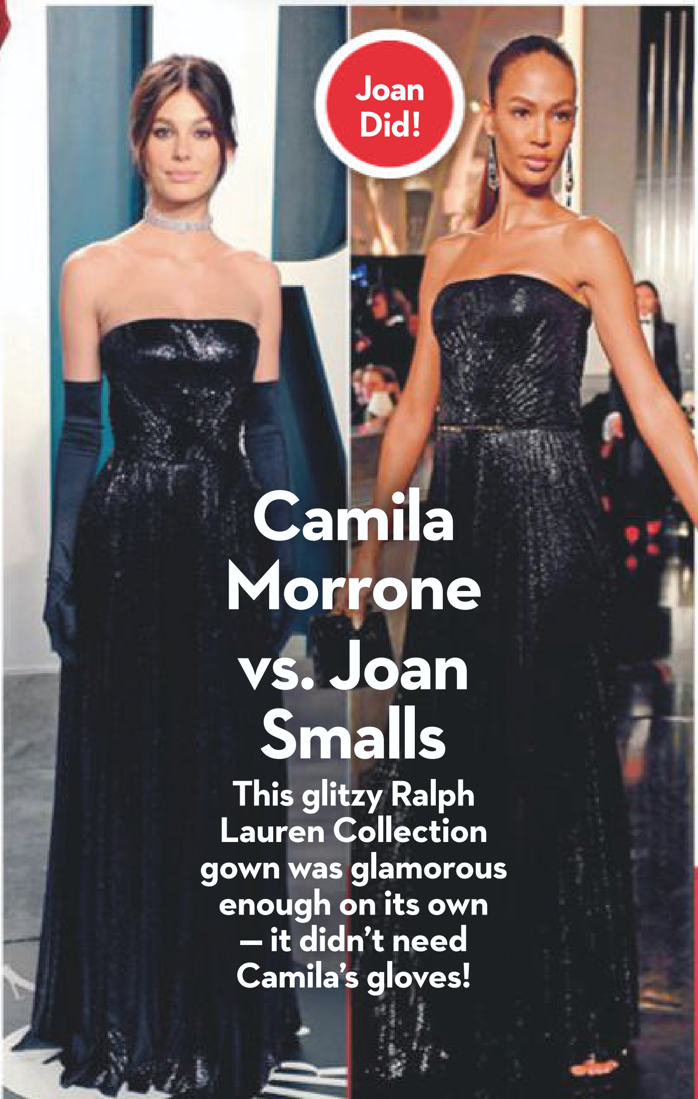
## Lizzy Caplan vs. Caitriona Balfe

Ravishing in red! Both ladies looked fierce in this Christopher Kane dress, but Lizzy took it to the next level with her matching bold clutch.



## Jaime King vs. Gwendoline Christie

Jaime's sleek locks and sexy pout made this Miu Miu frock stand out.



## Camila Morrone vs. Joan Smalls

This glitzy Ralph Lauren Collection gown was glamorous enough on its own – it didn't need Camila's gloves!

**HOLLYWOOD'S JUICIEST HEALTH SECRET!**

# Strong And Healthy THIS FALL!

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Cherries are full of anthocyanins, a powerful nutrient that kick-starts your immune system and gives the fruit their gorgeous red, blue and purple hues. Studies have also shown that they may lower blood pressure, improve vision, prevent diabetes and can have anti-inflammatory, anti-viral and anti-cancer benefits.

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### VITAMIN A

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### VITAMIN B6

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# NEWS IN Photos

THE WEEK'S HOTTE

## KING OF THE COURT

LOS ANGELES, SEPT. 4

A shirtless **Gavin Rossdale** showed off his stroke while enjoying a game of tennis over Labor Day weekend.

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# NEWS IN Photos

## DUCHESS ON DUTY

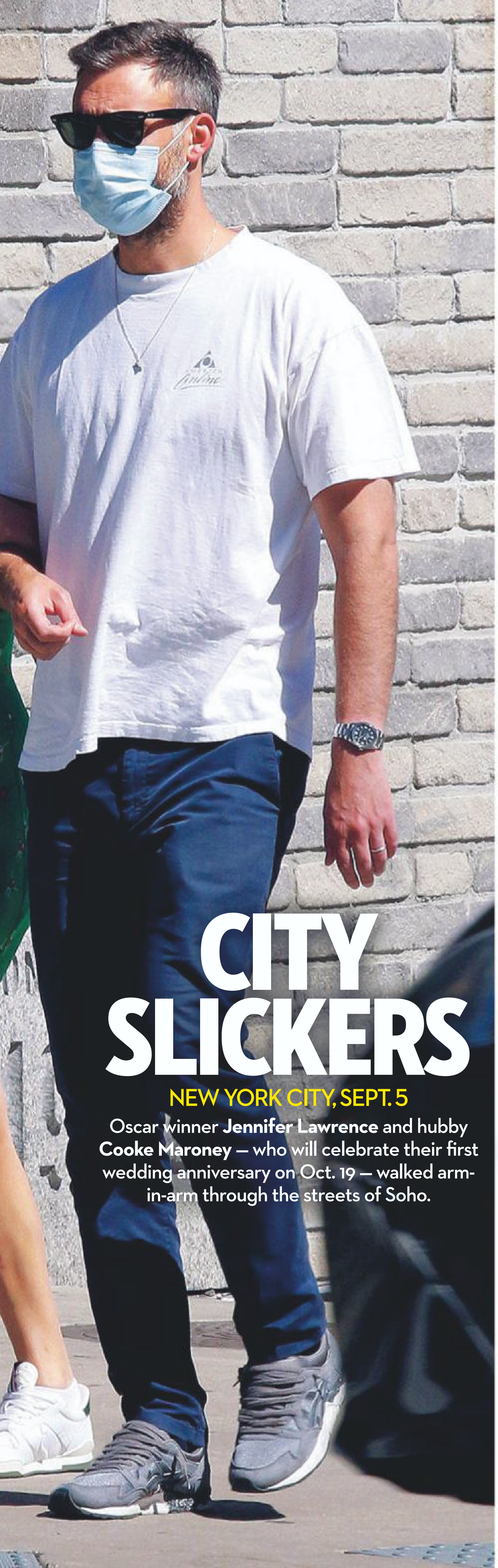
CHEPSTOW, ENGLAND, SEPT. 7

Back to work! **Camilla Parker Bowles** paid her first visit to The Rifles, a British Army regiment of which she became the Colonel-in-Chief in July.

## SHOP TO IT!

EAST HAMPTON, N.Y., SEPT. 3

Decisions, decisions! Model **Nina Agdal** browsed the racks at Unsubscribed, which specializes in consciously made, slow fashion.



# CITY SLICKERS

NEW YORK CITY, SEPT. 5

Oscar winner **Jennifer Lawrence** and hubby **Cooke Maroney** — who will celebrate their first wedding anniversary on Oct. 19 — walked arm-in-arm through the streets of Soho.

# FAMILY FIRST!

**CATCHING UP**

NEW YORK CITY, SEPT. 7

**Jennifer Lopez** enjoyed drinks al fresco with little sister **Lynda**, a journalist who recently released her first book.

*Filthy Rich*
September 21, 9/8c
FOX

TROUBLE DOWN SOUTH

**Southern Society Scandal**

Rumors of affairs, illegitimate children and family fights — can the mega-rich Monreauxes use their Southern charm to keep their rank among Southern high society? With monumental twists and turns and shade from every direction, Filthy Rich presents a world in which everyone has an ulterior motive — and no one is going down without a fight! **Don't miss all the outrageous fun on Fox's *Filthy Rich*.**

# NEWS IN Photos

## THE GANG'S ON THE GO!

### RIDE ALONG

LOS ANGELES, SEPT. 6

Former football pro **Reggie Bush** let wife **Lilit Avagyan** take the wheel as he sat in the back with one of their sons.

### STOCKING UP

SEPT. 6

Safety first: **Terri Irwin** wore a mask to pick up some essentials at a supermarket. The conservationist recently shared her joy over daughter **Bindi**'s pregnancy, tweeting, "Words cannot express the love that is filling my heart."

### ALL THAT GLITTERS

VENICE, ITALY, SEPT. 5

Talk about a grand entrance! Rising star **Maya Hawke** (whose famous 'rents are actors **Uma Thurman** and **Ethan Hawke**) attended the premiere of her new drama, *Mainstream*, at the Venice International Film Festival.

# ENJOY FALL COMFORT FOODS

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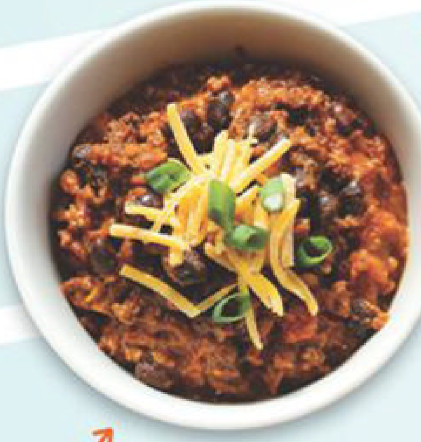
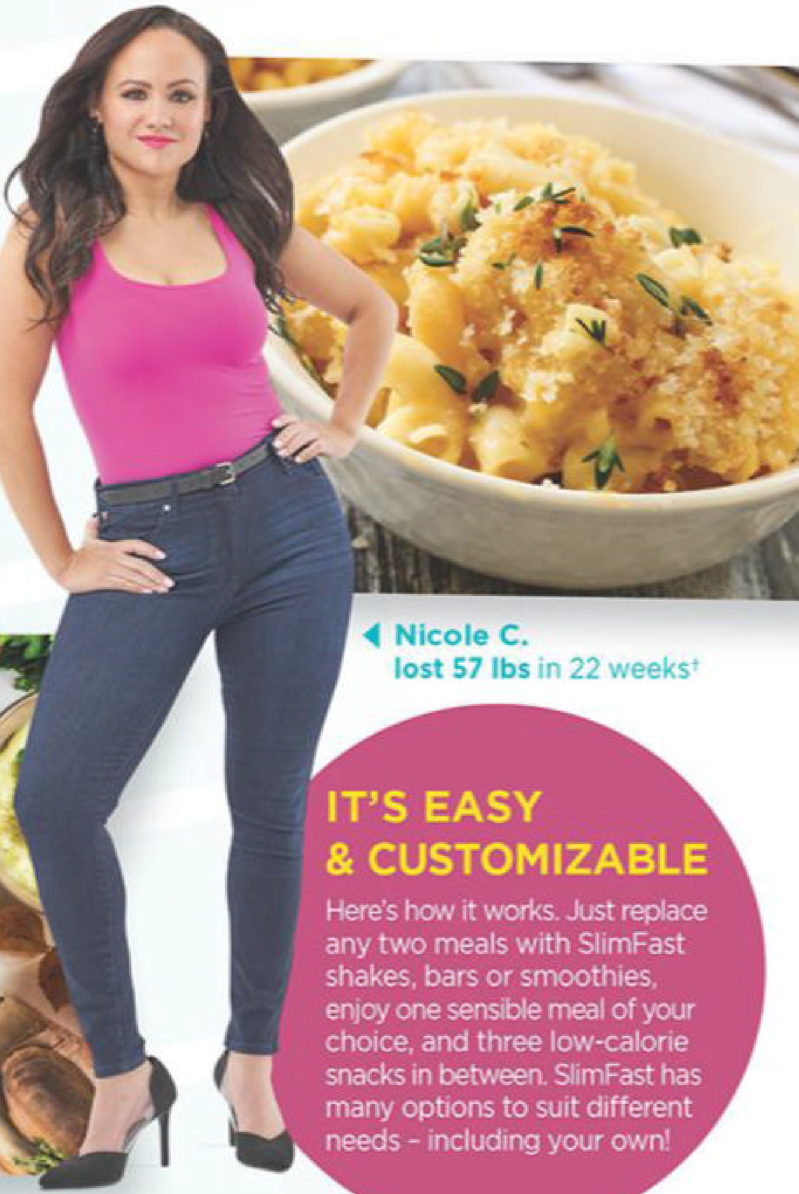


YOU CAN EAT THIS!

**Ashley F. lost 52 lbs** in 30 weeks†

## LESS STRESS

Complicated planning and meal prep? No way. Eat 6x a day with the clinically proven SlimFast Plan, but only prepare one meal. No food is "forbidden," which means you have the freedom to indulge in your favorite fall comfort foods, like mac 'n cheese or chili.



**Nicole C. lost 57 lbs** in 22 weeks†

## IT'S EASY & CUSTOMIZABLE

Here's how it works. Just replace any two meals with SlimFast shakes, bars or smoothies, enjoy one sensible meal of your choice, and three low-calorie snacks in between. SlimFast has many options to suit different needs – including your own!

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## WE'RE IN THIS TOGETHER

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*Based on the SlimFast Plan (a reduced-calorie diet, regular exercise, and plenty of fluids). †Ashley and Nicole used the SlimFast Plan for 30 and 22 weeks respectively. They were not remunerated to lose weight, only for their testimonial. Average weight loss is 1-2 lbs per week. Results not typical. Read label prior to use. Check with your doctor if nursing, pregnant, under 18, or following a doctor prescribed diet. ^Message and data rates may apply. For the SlimFast privacy policy go to slimfast.com/privacy-policy. For terms and conditions go to slimfast.com/legal. © 2020 SlimFast®.

# NEWS IN Photos

## CIAO, BELLA!

VENICE, ITALY, SEPT. 8

*Game of Thrones* alum **Nathalie Emmanuel** cut a stylish figure as she arrived at Lido for the Venice International Film Festival.

WET AND WILDE!

## BEACHY KEEN

MALIBU, SEPT. 6

Walkin' on sunshine! **Olivia Wilde**, who's reportedly been tapped to direct and develop a secret Marvel project, enjoyed some downtime over the holiday weekend.

COMME des GARÇONS
SUPREME

## GIRLS GOTTA EAT

LOS ANGELES, SEPT. 7

The aisle's their runway: **Kendall Jenner** and bestie **Hailey Bieber** picked up some groceries at Whole Foods.

OK! ★USA★

# How Do You Like Your Digital Edition of *OK! Magazine*?

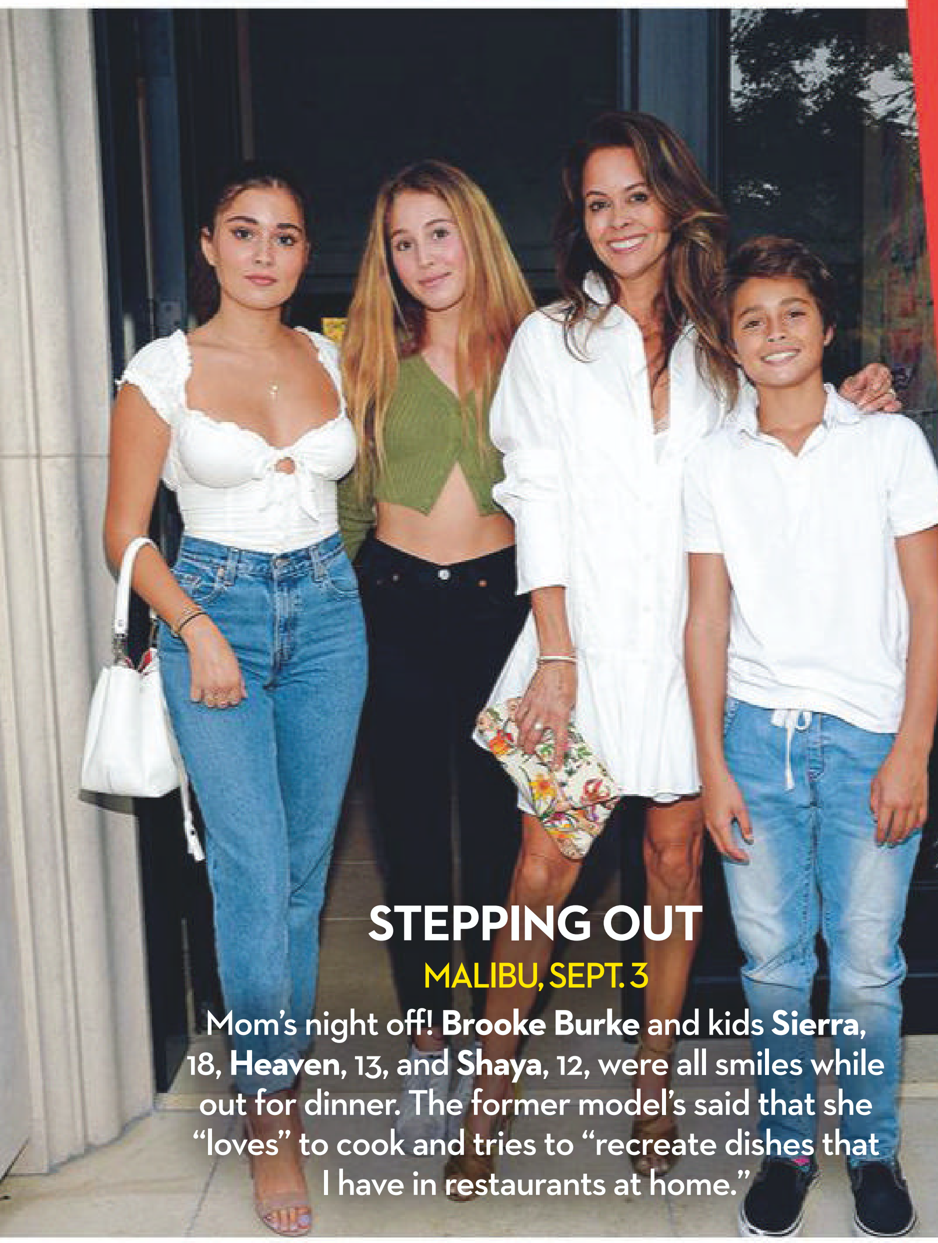
## We'd love to know!

PLEASE TAKE OUR BRIEF SURVEY

# WORKING HER ANGLES!

## TIME TO SHINE

It Girl (and **Madonna**'s eldest child) **Lourdes Leon** struck a pose for the Adidas by Stella McCartney Autumn/Winter 2020 campaign, which she also choreographed and codirected.



## STEPPING OUT

MALIBU, SEPT. 3

Mom's night off! **Brooke Burke** and kids **Sierra**, 18, **Heaven**, 13, and **Shaya**, 12, were all smiles while out for dinner. The former model's said that she "loves" to cook and tries to "recreate dishes that I have in restaurants at home."

## BABE WATCH

SANTA CATALINA ISLAND, CALIF., SEPT. 7

Red, white and beautiful! Reality star **Farrah Abraham** — who stays in shape with boxing and Pilates sessions — strutted her stuff in a patriotic bikini on Labor Day.

# Out-Of-Home Essentials

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# NEWS IN Photos

## SPARKS ARE STILL FLYING

LOS ANGELES, AUG. 31

Back on? Though it was reported that **Brian Austin Green** and model **Tina Louise**'s short romance fizzled in July, the two were seen getting handsy during a beach date.

## HUNGRY MEN

LOS ANGELES, AUG. 24

Actors **Jerry O'Connell** and **Alfonso Ribiero** got into the back-to-school spirit by dining on quick and tasty Bob Evans meals.

## GOT GAME?

FLUSHING MEADOWS, N.Y., SEPT. 2

Red hot! During the second day of the U.S. Open, tennis star **Serena Williams** came out victorious against **Kristie Ahn**.

18+

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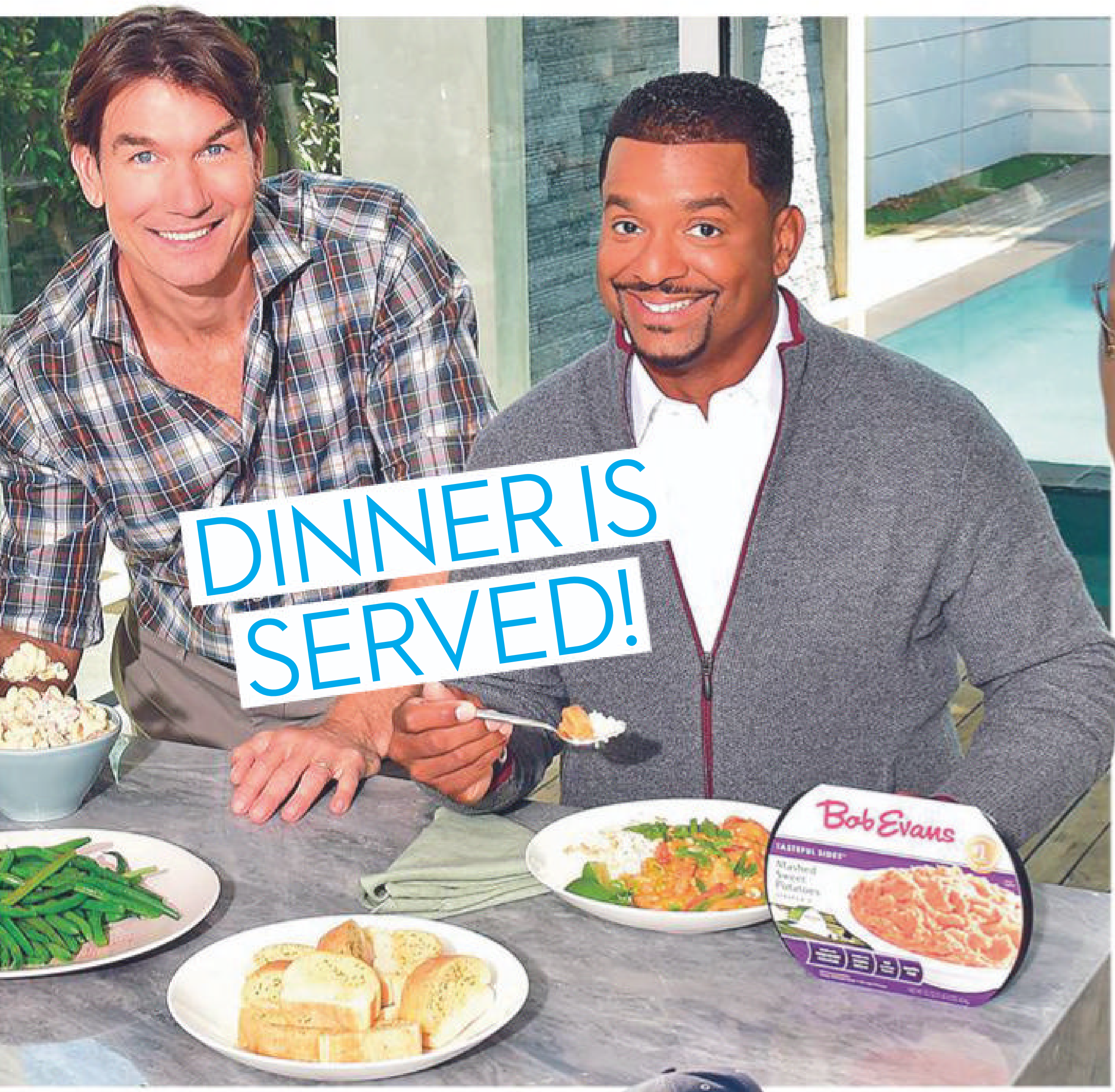
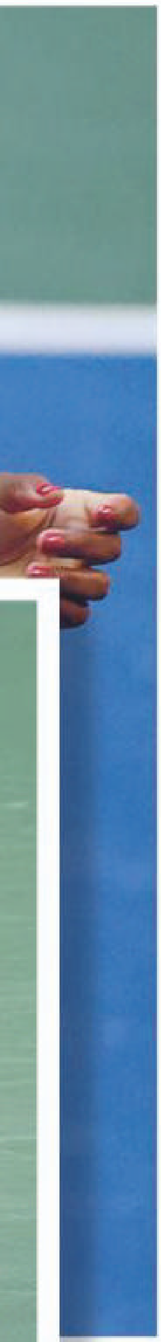
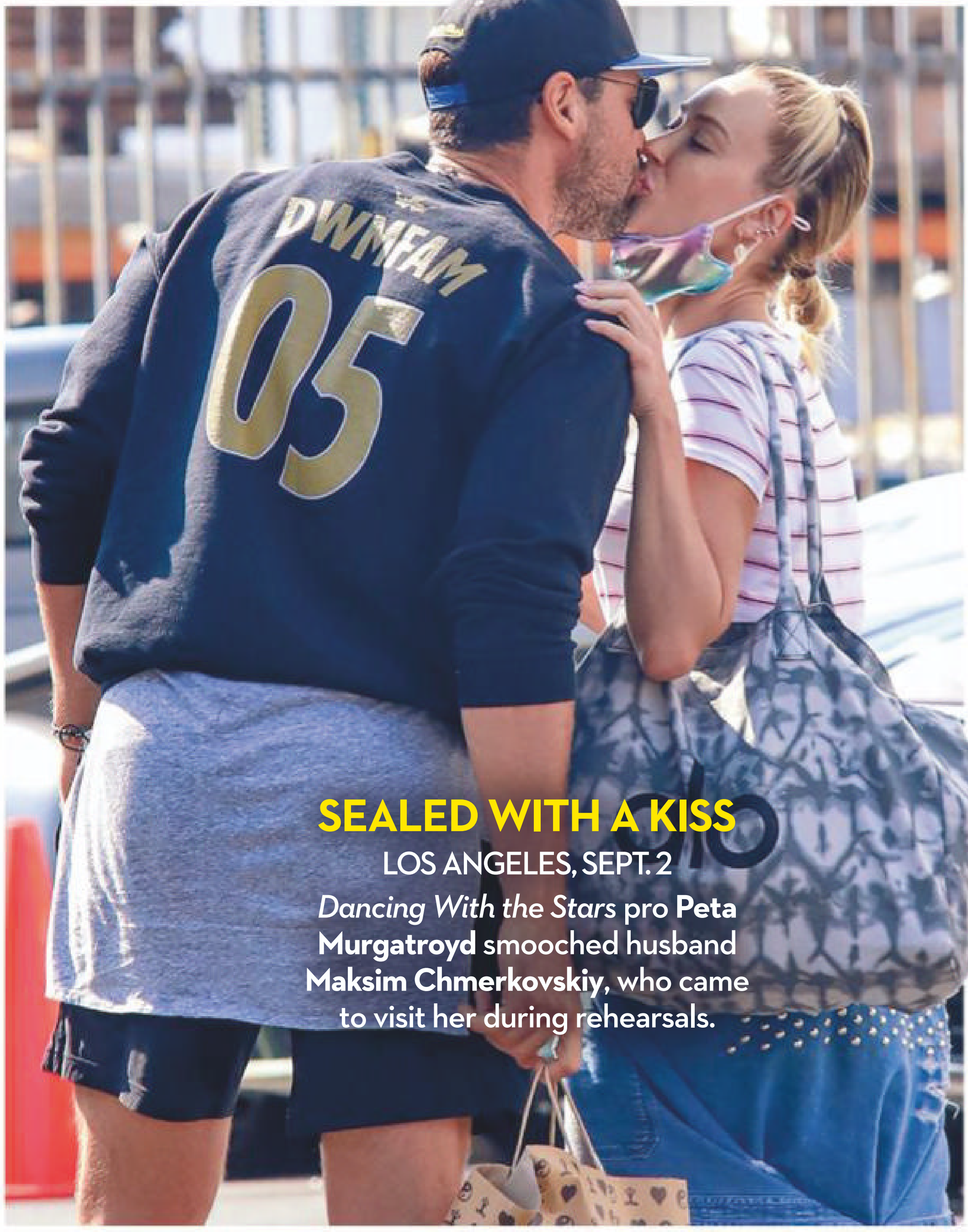

Bob Evans
Tasteful Sides
Mashed Sweet Potatoes

## DINNER IS SERVED!

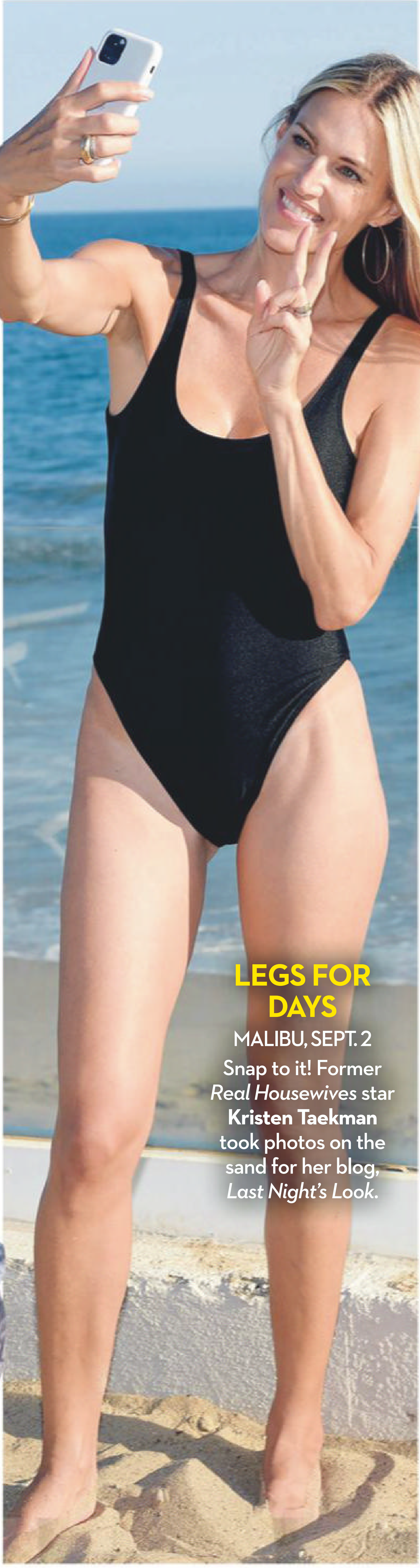




### SEALED WITH A KISS

LOS ANGELES, SEPT. 2

*Dancing With the Stars* pro **Peta Murgatroyd** smooched husband **Maksim Chmerkovskiy**, who came to visit her during rehearsals.



### LEGS FOR DAYS

MALIBU, SEPT. 2

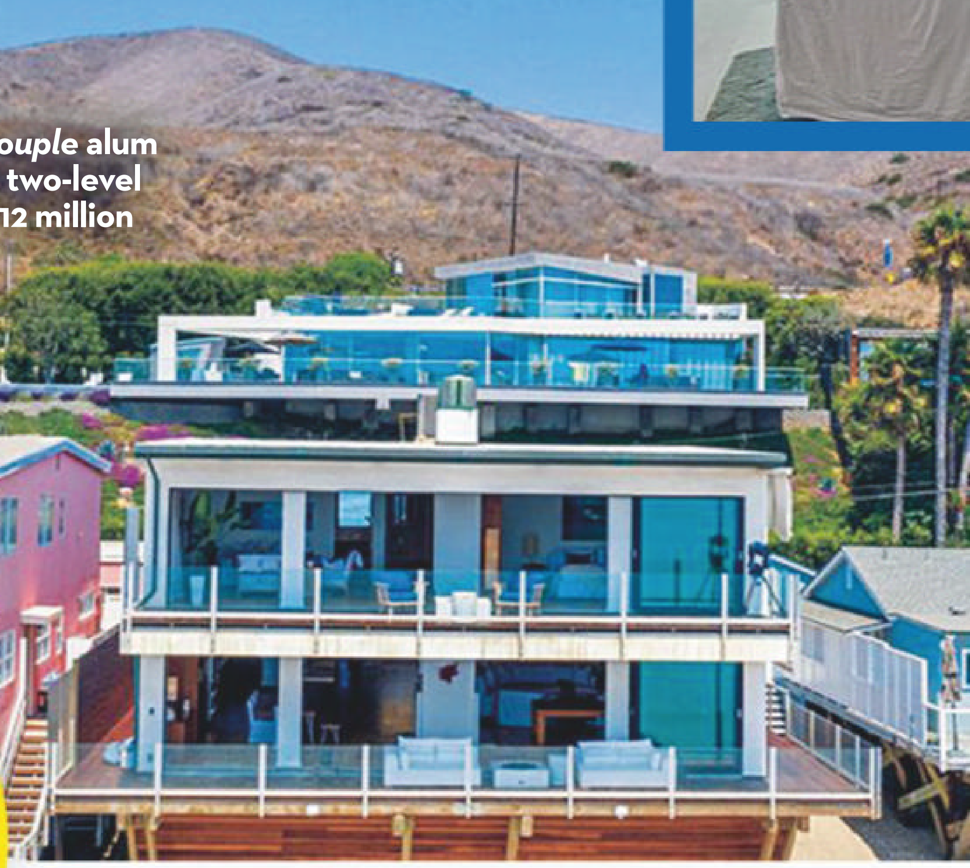
Snap to it! Former *Real Housewives* star **Kristen Taekman** took photos on the sand for her blog, *Last Night's Look*.

# MATTHEW PERRY'S

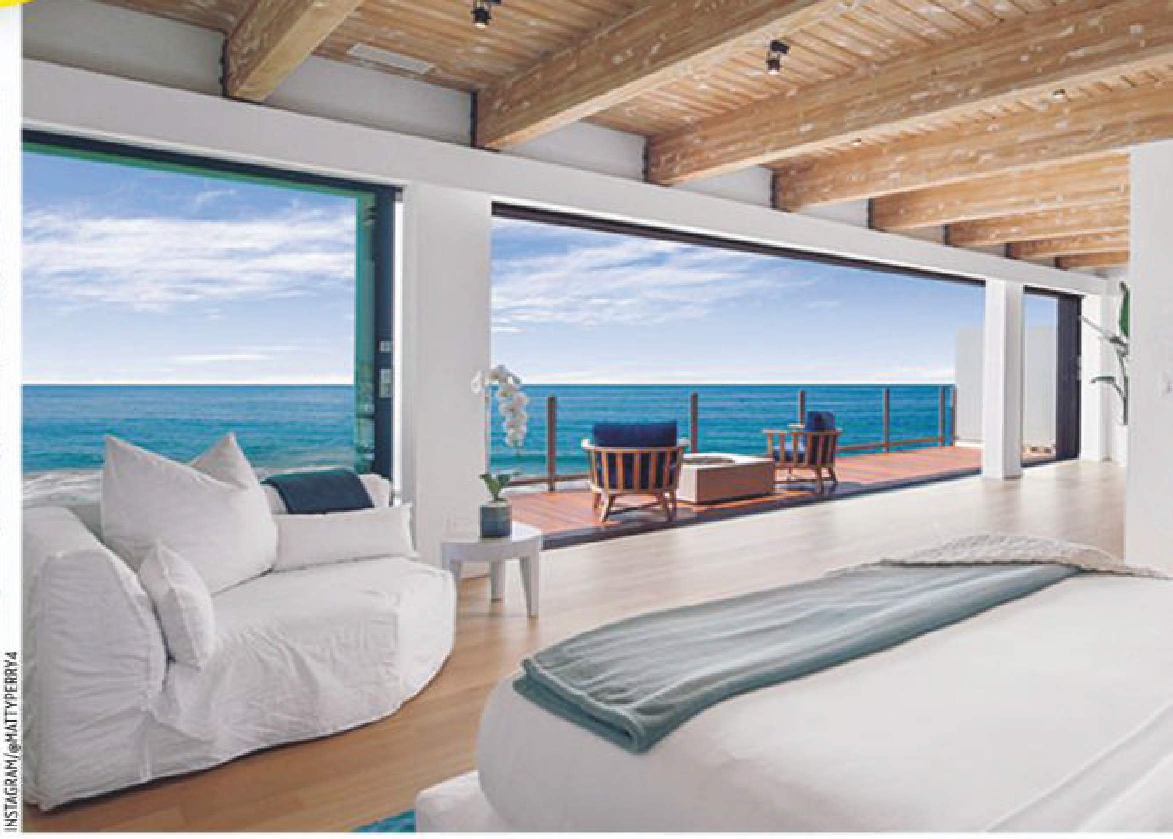
# Oceanfront Oasis

## TAKE A PEEK INSIDE THE STUNNING PROPERTY THE ACTOR CALLS HIS "KICK-ASS MALIBU HOUSE"

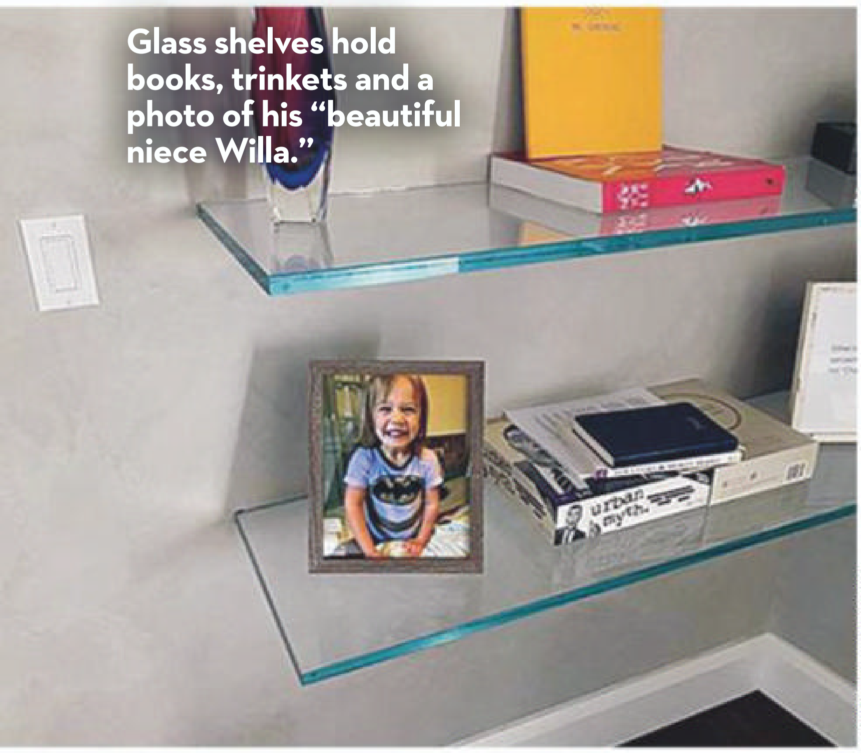
Chandler Bing has come a long way from his compact Manhattan apartment! *Friends* star **Matthew Perry**, 51, is unloading his impressive 5,500-square-foot Malibu bachelor pad, listing the four-bedroom, three-and-a-half-bath abode for a cool $14 million. Upon entering the loft-like space, you're greeted by a modern steel and wood floating staircase, as well as light-washed wood floors, open-beam exposed wood ceilings and floor-to-ceiling windows that slide open to the wraparound patio. The galley kitchen features dual sinks and ovens as well as custom cabinetry that extends into the dining area, which is separated from the living room by a modern freestanding fireplace. Other highlights include two ensuite bedrooms, a secured entry gate and easy access to the beach. Could we *be* any more jealous?



**The *Odd Couple* alum bought the two-level house for $12 million in 2011.**



**What a setup! The master bedroom offers views of the coastline and is attached to a sitting room, a private balcony and a huge walk-in closet.**



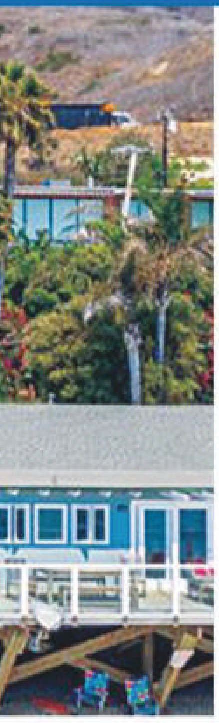
**Glass shelves hold books, trinkets and a photo of his "beautiful niece Willa."**

INSTAGRAM/@MATTYPERRY4

You'll find plenty of seating and a designer ping-pong table in the airy living room.

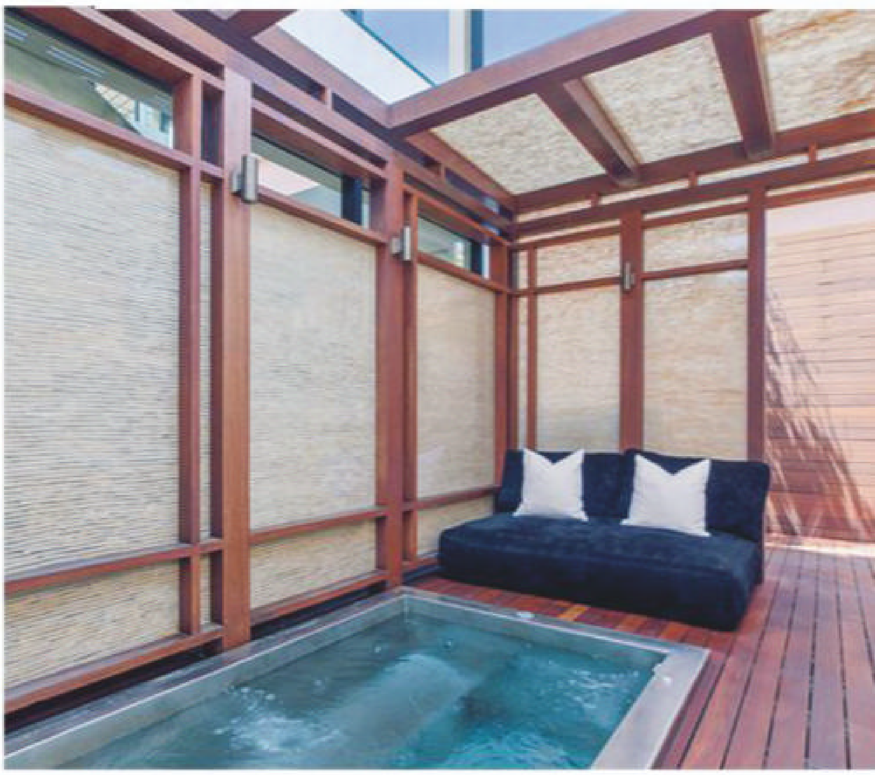
INSTAGRAM/@MATTYPERRY4

Making Monica Gellar proud! The actor showed off a plate of cookies he whipped up himself.



While sitting on the balcony near the fire pit, the actor admitted he and his pals "had no idea what to do" during the days of quarantine.

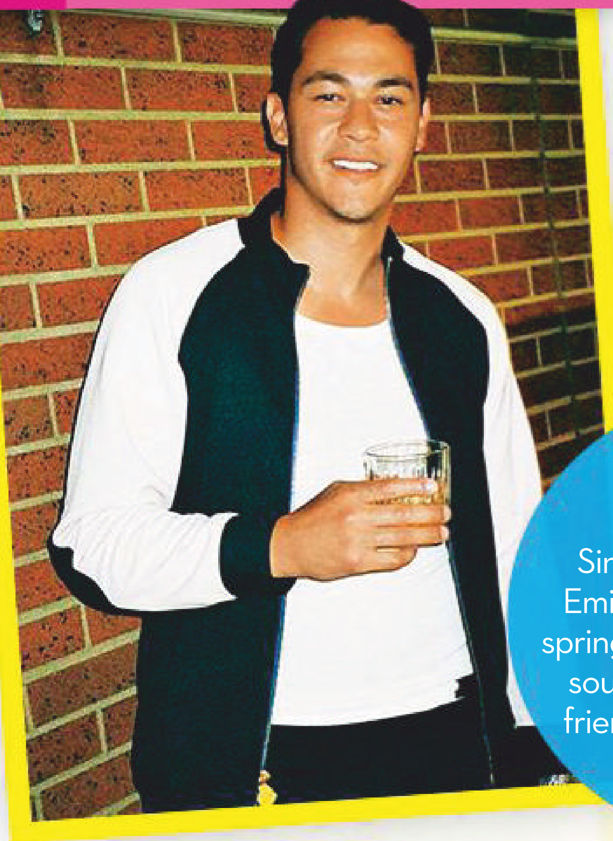
INSTAGRAM/@MATTYPERRY4



A haute hideaway! A private screened courtyard contains a hot tub that's built into exotic wood decking.

THE STAR RECENTLY MOVED INTO A SMALLER, $6 MILLION HOUSE IN L.A.'S PACIFIC PALISADES.

Pass the popcorn! Cushy sofas seat up to ten people in the home theater.



**HUNGRY FOR LOVE** Since hooking up with Emilio, "Katie's got a real spring in her step," shares a source, adding that her friends haven't seen her this happy in years.

# KATIE & EMILIO IT'S ON!

**Katie Holmes** is smitten with her new man — and doesn't care who knows it! The famously private *Dawson's Creek* star — who's remained majorly tight-lipped about her love life for the past decade and a half — is so "head over heels" for her current beau, chef **Emilio Vitolo Jr.**, she's practically a PDA machine, says a source.

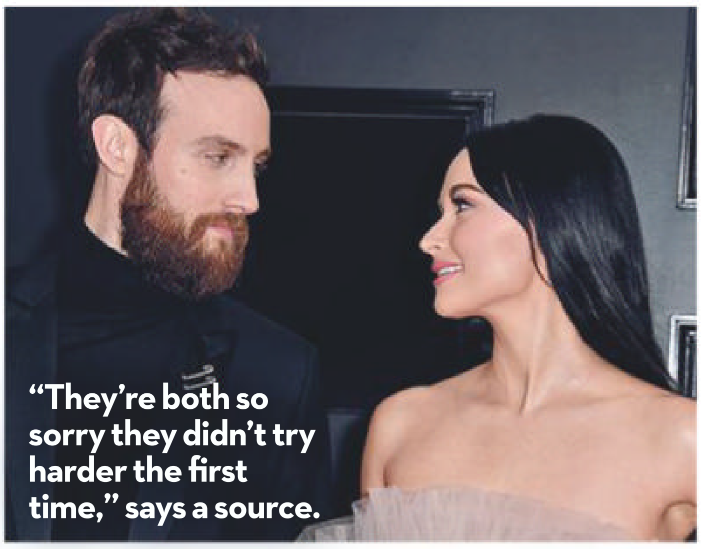
Katie, 41, met the hunky New Yorker, who works at his father's celeb-favored hotspot Emilio's Ballato, through mutual pals several months ago. What started as a friendly connection — with the restaurateur, 33, innocently flirting in Katie's Insta comments — went into overdrive in early September, when the duo was spotted giggling and making out nonstop at multiple downtown eateries. "Katie was hesitant at first, but Emilio won her over with his kindness and charm," says the source. "He's been a breath of fresh air."

He's also a total 180 from her past relationships. After the end of her mysterious six-year marriage to Scientologist **Tom Cruise**, Katie fled L.A. for New York, reportedly in fear of speaking out or making any missteps in the eyes of Tom's watchful church. Her romance with **Jamie Foxx**, from 2013 to 2019, was similarly shrouded in secrecy — and the Oscar winner went to great lengths to keep it that way. Jamie repeatedly denied the relationship and even abruptly ended an interview when the topic of Katie came up.

"Jamie always insisted they tiptoe around like there was something taboo about the fact they were dating," says the source. "Emilio knows he hit the jackpot with Katie and is more than happy to shout their love from the rooftops."

# KACEY & RUSTON TAKE TWO?

It's been a little over two months since country star **Kacey Musgraves** and singer-songwriter **Ruston Kelly**, both 32, pulled the plug on their almost three-year marriage. But it seems the estranged spouses are giving their romance another shot. "They've been talking on the phone and texting, and one thing's led to another. Now they're telling friends they want to make another go of it," shares a source, noting that Kacey takes a lot of the blame for the way things ended. "She was on the road all the time and put her career first. Ruston felt totally left out." Thankfully time's proven to be a great healer in terms of forgiveness. "Ruston's been acting so sweet lately and it's warmed Kacey's heart that he holds no grudges," continues the source. "They're both excited for what the future has in store." Sounds like they're in perfect harmony!


**"They're both so sorry they didn't try harder the first time," says a source.**

# JESSICA'S RUNNING JUSTIN RAGGED!

Ever since **Justin Timberlake** and **Jessica Biel** hit a rough patch late last year — the hitmaker was caught holding hands with a female costar — Justin, 39, has been trying to show Jessica, 38, how much he adores her. But the actress, who quietly welcomed their second child in July, has her hubby jumping through hoops! "Justin's on the tightest leash possible! Jess has given him a list of chores that's so long and in-depth it's not even funny," spills an insider. "He has to do all the housework, the shopping and the heavy-duty stuff like building and repair work on their ranch. Plus, Jess has got him organizing her calendar and looking after [their 5-year-old son] **Silas** while she tends to the baby." Justin's exhausted but knows he's not in a position to complain after everything he put Jessica through. "She's forgiven him," notes the insider, "but Jess obviously thinks a little hard work will be good for Justin."

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# Breaking Southern Society Scandal:

## INSIDE EUGENE MONREAUX'S SECRET LOVE AFFAIRS

Rumors spread when the head of The Sunshine Network, Euguene Monreaux died in a shocking plane crash with a few female "friends" on board. One southern society insider confirmed, "Eugene may have presented himself as a man of faith, but he's never been faithful to his wife Margaret." To make matters worse, the family was completely blindsided when three unknown heirs showed up in Eugene's will demanding millions of dollars. But Margaret is ready to fight. She may seem like a southern sweetheart, but this belle is tougher than hell and ready to take on any scandal that comes her way... **Don't miss all the juicy twists, turns and flat-out-fun on FOX's *Filthy Rich*.**

*Filthy Rich*
September 21, 9/8c
FOX

# MIRANDA & BRENDAN TOO CLOSE FOR COMFORT

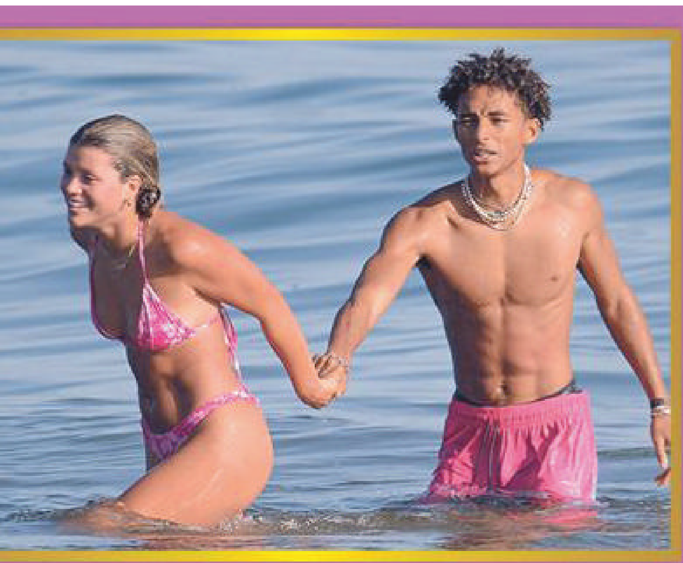
“Their marriage is showing signs of strain,” warns a pal.

Opposites don’t always attract — just ask **Miranda Lambert** and husband **Brendan McLoughlin**! “Miranda was trying to shake up her life when she wed Brendan [in 2019],” a friend tells *OK*! “She loved the fact that he wasn’t in the music scene, like almost all of her other exes, and thought it would be a breath of fresh air.” But ever since the pandemic hit, Miranda, 36, and Brendan, 29, have been forced to be together 24/7, and it’s brought their differences to the surface. “They’ve found that they don’t have a lot to talk about because they’re from such different worlds,” notes the pal, explaining that Brendan, a former New York City cop, has been experiencing major culture shock living with Miranda on her farm outside Nashville. “On top of that, he doesn’t know much about her industry and honestly, doesn’t find it that interesting.” And while they’ve “both vowed to make the marriage work,” adds the friend, “it’s clear these two have little in common.”

# CHIP & JO’S CASH CONUNDRUM

Together they have a combined fortune of $20 million, but **Chip Gaines** thinks he and wife **Joanna** should be worth much more than that. According to an insider, the contractor, 45, is urging Jo, 42, to spread their financial wings beyond their Magnolia brand, home decor line and popular retail and restaurant businesses near their home in Waco, Texas. “Chip believes you have to spend money to make money, and if he had his way, he’d be pouring cash into more ventures — and not just in Waco,” the insider says. But Jo would prefer to play it safe, especially in light of the global health crisis. “Their businesses were hurt during quarantine,” explains the insider, “and they’re just getting them up and running again. Jo wants to cool it for a while.” It’s become a battle of wills at home. “It’s causing tension and they’ve been squabbling,” the insider says. “Usually Jo gives in, but this time she’s putting her foot firmly down, and Chip’s not happy when someone tells him ‘No.’”

# LOVE BITES



**DATING AGAIN?**
Sofia Richie and former flame Jaden Smith sparked romance rumors after they were spied getting cozy on a beach in L.A. on Sept. 5.

**MARRIED!**
On Sept. 7, *Stranger Things* star David Harbour and singer Lily Allen tied the knot in a Las Vegas ceremony officiated by an Elvis impersonator!

**BABY NO. 2!**
Teyana Taylor gave birth to her second child, daughter Rue, in the bathroom of her home on Sept. 6. She and NBA player Iman Shumpert are already parents to daughter Iman Tayla, 4.

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# 3 WAYS TO STAY ACTIVE THIS FALL

## TAKE IT OUTSIDE

On a budget or only have a half hour to squeeze in a workout? Take your fitness game to the next level with calorie burning activities this fall. Here are the best fitness finds for every outdoor adventure.

### 1 GO THE EXTRA MILE

Find a challenge that will help you stay motivated to work out in the cooler months. Maybe there's a half marathon you want to run in the spring. Or train for your first 5k.

### 2 THE OUTDOOR GYM

Get the whole family out and turn boring yard work into a full body workout. Raking builds muscles in your arms and back; heavy bags of mulch are the ultimate for strength-building, and if you add some lunges while pushing your mower back and forth, you are working the legs, glutes and core.

### 3 THE HIIT FACTOR

For obvious reasons, outdoor bootcamps have never been more popular. Check out classes with your local gym to show some local biz support.

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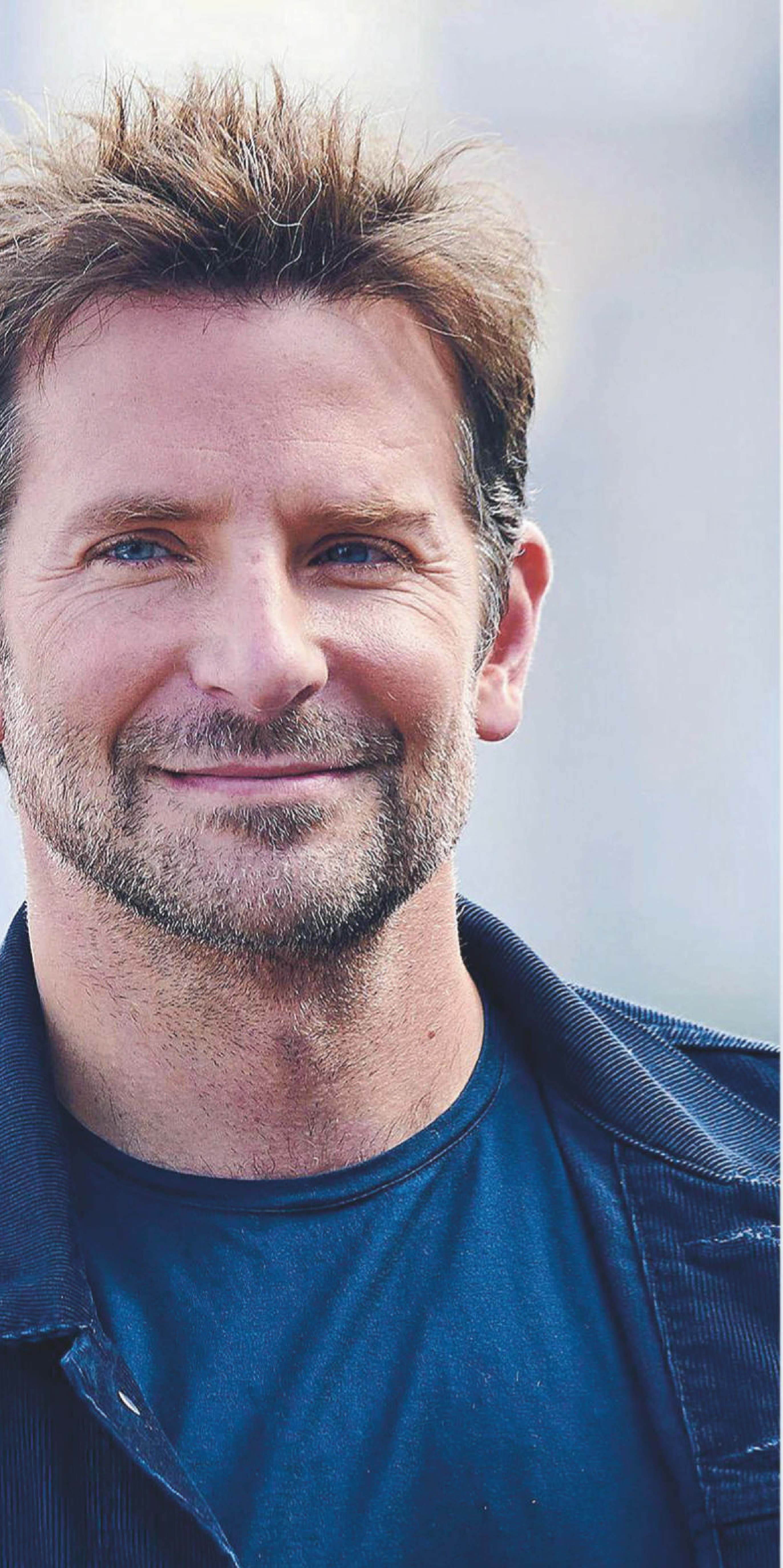
# Bradley's PRIVATE WORLD

### HOW **BRADLEY COOPER** BEAT THE ODDS AND CONQUERED HOLLYWOOD

**PARTING WAYS**
**According to a source, Bradley and Jennifer had been dating "a few months" before tying the knot in late 2006. Their marriage ended just four months later.**



He's one of the biggest names in Hollywood. But when it comes to his personal life, **Bradley Cooper** has always remained guarded. "He's an extremely private guy who dislikes the spotlight," explains a source. "For him, acting has always been about the craft — not the attention that comes along with it."

But that's started to change. According to the source, Bradley has quietly begun opening up to friends and sharing his untold story. "The truth is, he hasn't had it easy," the source tells *OK*!, adding that the 45-year-old has been dishing on his shocking divorce, his high-profile romances and surviving addiction. "Since becoming a dad [to daughter **Lea**, 3], Bradley's loosened up. These days he's willing to share more about his life, past and present. He's hoping his story might someday help another young actor out there."

## PAST MISTAKES

Like many rising stars, Bradley spent part of his 20s partying hard. But in 2004, after seemingly hitting rock bottom, he made the decision to get sober. "I don't drink or do drugs anymore," he once said, recalling the moment he decided to turn his life around. "I remember looking at my life, my apartment, my dogs and I thought, 'What's happening?'" he continued. "I realized... if I continued, I was really going to sabotage my whole life."

He never looked back. "I would never be sitting here [if I hadn't quit]," admitted Bradley, who hasn't picked up a drink in more than 15 years. "I never would have been able [to have the] relationships that I do — no way, no chance."

After getting sober, Bradley's career soared as he landed parts in *Wedding Crashers* and *Failure To Launch*. But his love life hit some bumps. In early 2007, his marriage to actress **Jennifer Esposito**, 46, ended abruptly — just four months after they'd tied the knot. "It was just something that happened," Bradley's said of their divorce, which was rumored to be painful. "The good thing is, we both realized it. Sometimes you just realize it."

In the years that followed, he played the field, enjoying hot dates with A-listers like **Jennifer Lopez**, 51, and **Jennifer Aniston**, 51, before getting into serious relationships with actresses like **Renée Zellweger**, 51, and **Zoe Saldana**, 42. "Bradley loved Renée deeply during their two-year romance and he adored Zoe as well," spills the source. "But both women wanted to get married. Bradley just couldn't find it in him to make that kind of commitment again."

When he fell for **Irina Shayk**, 34, in 2016 — and welcomed Lea with her the following year — friends were hopeful the model would be the one to change his mind. "The problem was that they didn't have anything in common other than their daughter," says the source, adding that his role in 2018's *A Star is Born* — and his intense onscreen chemistry with costar **Lady Gaga**, 34, — was the nail in the coffin. "Their split was sad at first, but they're both much happier with the way things are now, living their own lives and coparenting Lea," the source continues. "Bradley will always care for Irina and be grateful to her for giving him the greatest gift in the world."

**GREATEST ROLE**
**Becoming a dad to his daughter, Lea, has changed Bradley "in every way," he's said. "It allowed me to embrace my childlike self without any fear of judgment."**

## NEXT CHAPTER

Though his life has been filled with plenty of lows, those close to Bradley are certain that his future is bright. "He's got a lot of exciting projects in the works," shares the source, noting that as much as the Hollywood heartthrob loves his career — and the $100 million fortune it's earned him — the thing he's most proud of is being a dad. "Bradley loves fatherhood and doesn't want to miss a moment of Lea's life, whether it's bedtime stories or school drop-offs," the source continues. "Lea has truly made him a better person. He wants to give her the kind of stable upbringing he had."

And he may not be doing it alone. "Bradley finally seems ready for true love, and friends think he'll find it," dishes the source, adding that he's learned from the past and rearranged his priorities. "Bradley really is a great guy, and people just want to see him settled with a good woman who'll love him and take care of him. That's something he truly deserves." OK!

## BRADLEY & JEN'S CLOSE BOND

Last month, Bradley's Malibu beach outing with his former *Alias* costar **Jennifer Garner**, 48, sparked rumors of a possible romance. And while both have stayed mum on the chatter, a source says love is likely out of the question. "The truth is they are just close pals," spills the source, adding that Bradley has remained tight with many of his former costars over the years — especially Jen. "She's one of his best friends, and he looks up to her so much as a person, a mother and an actress," the source continues. "Friends have always wondered if there's been a sense of 'what if' between them. But that's just not the case. They have an incredibly close bond and would never want to jeopardize that."

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## Recently discovered fruit ingredient supports

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Before
After

## STUDY RESULTS

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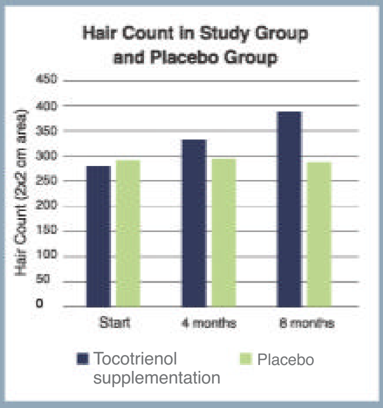

*Tropical Life Sciences Research 2010 "Effects of Tocotrienol Supplementation on Hair Growth in Human Volunteers" Beoy, Woei and Hay, University Sains Malaysia.

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# REBA'S HOT NEW ROMANC

**Reba McEntire** is no stranger to heartbreak. In 2015, the country music legend's world fell apart when her second husband, **Narvel Blackstock**, left her abruptly after 26 years of marriage. "The divorce was not my idea," Reba later confessed. "I didn't want it in any shape, form or fashion." So when she rebounded with retired geologist **Anthony "Skeeter" Lasuzzo** in 2017, her friends were thrilled. "It was great seeing Reba in love again," recalls an insider, adding that it seemed as though the 65-year-old singer and Skeeter could make it down the aisle. "Everyone was hoping for a happy ending." However, the relationship fizzled, and by late 2019, Reba found herself alone again.

But not for long. A source tells *OK!* the songstress has been swept off her feet by a handsome younger man! "He's around 50 years old and he's in the music biz," says the source, "so he's a perfect catch for Reba." The duo has been quarantining together at Reba's Nashville mansion since earlier this summer. "That's how she's been able to keep him a secret all this time," the source reveals. "But now she's starting to tell friends about the wonderful guy who has stolen her heart. She couldn't be happier."

## PERFECT MATCH

The pair met through mutual acquaintances shortly after Reba and Skeeter's split, but things didn't turn romantic between them until earlier this year. "They agreed to meet for coffee," says the source, "and coffee turned into lunch, then dinner and dessert." Since then, they've been enjoying cooking and cuddling up on the couch watching old movies and romantic comedies. "Reba's on cloud nine," continues the source. "She's amazed that she finally found someone who will watch a rom-com with her!"

That's not the only thing that's got Reba smitten. "He's tall and lean and great at fixing things around the house too," says the source, adding that the Grammy winner blushes like crazy when she talks about their sizzling chemistry. "Things are red hot between them. He

makes Reba feel 20 years younger, and she's been joking about how she doesn't need as much sleep as she used to."

## PAINFUL PAST

If anyone deserves to have a good time, it's Reba. She's been through the wringer when it comes to matters of the heart, starting with her ill-fated first marriage to steer-wrestling champ **Charlie Battles**, which ended in 1987 amid rumors he was threatened by her increasing success. She thought she'd met her match with Narvel, who was also her manager. They tied the knot in 1989 and raised their son, **Shelby**, now 30, and Narvel's three kids from his previous marriage (including **Kelly Clarkson**'s ex, **Brandon Blackstock**). "Looking back, Reba says her marriage to Narvel felt more like a business deal," reveals the source. "They fought a lot towards the end."

Reba wasn't happy with how Narvel was handling her career. "She was one of the biggest stars in country music with 35 million records sold and the second most No. 1 hits for a female artist after **Dolly Parton**, but she thought Narvel was holding her back," explains the source. While she was thrilled to star in the hit sitcom *Reba* for six seasons, "she wanted to be a movie star like Dolly," adds the source, "and she blamed Narvel that it never happened."

When Narvel blindsided her with the divorce, Reba was eager to remain friends for the sake of their son. But when he started dating her longtime pal **Laura Putty Stroud**, Reba felt betrayed. "She was shocked and hurt," says the source. "She couldn't believe the two people who were closest to her would do that."

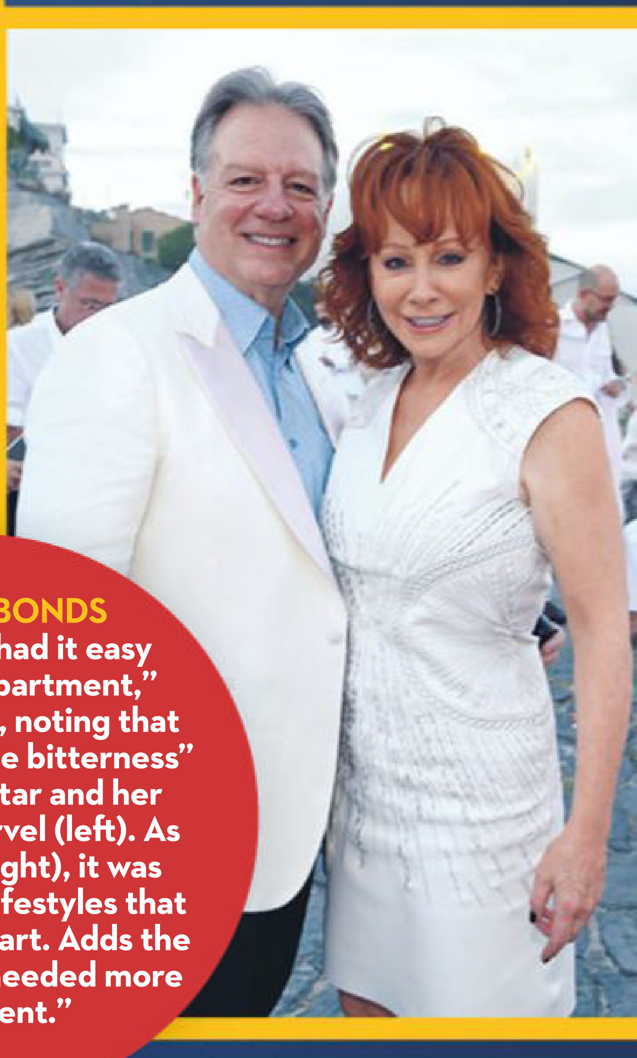
She found solace in the arms of Skeeter, but the source says they ultimately wanted different things. "He wanted to enjoy retirement quietly and peacefully, but Reba's a go-getter and needs to keep moving," says the source. "It was inevitable they would part ways."

## SO FAR SO GOOD

Despite it all, the die-hard romantic remained hopeful. Back in 2016, Reba revealed she was open to dating younger men. "I asked my son... I said, 'Alright, Shelby, what's the age limit?' He said 50. 'Don't go younger than 50,' and I'm like, 'Really?!'"

While Reba's new beau barely made the cut, the source says it's not just fun and games — he helped the singer through her mother's death in March, and he's healed the broken heart she's been carrying around all these years. "Reba's been through so much she keeps pinching herself to make sure this is real," the source says. "But she doesn't need to — it is."

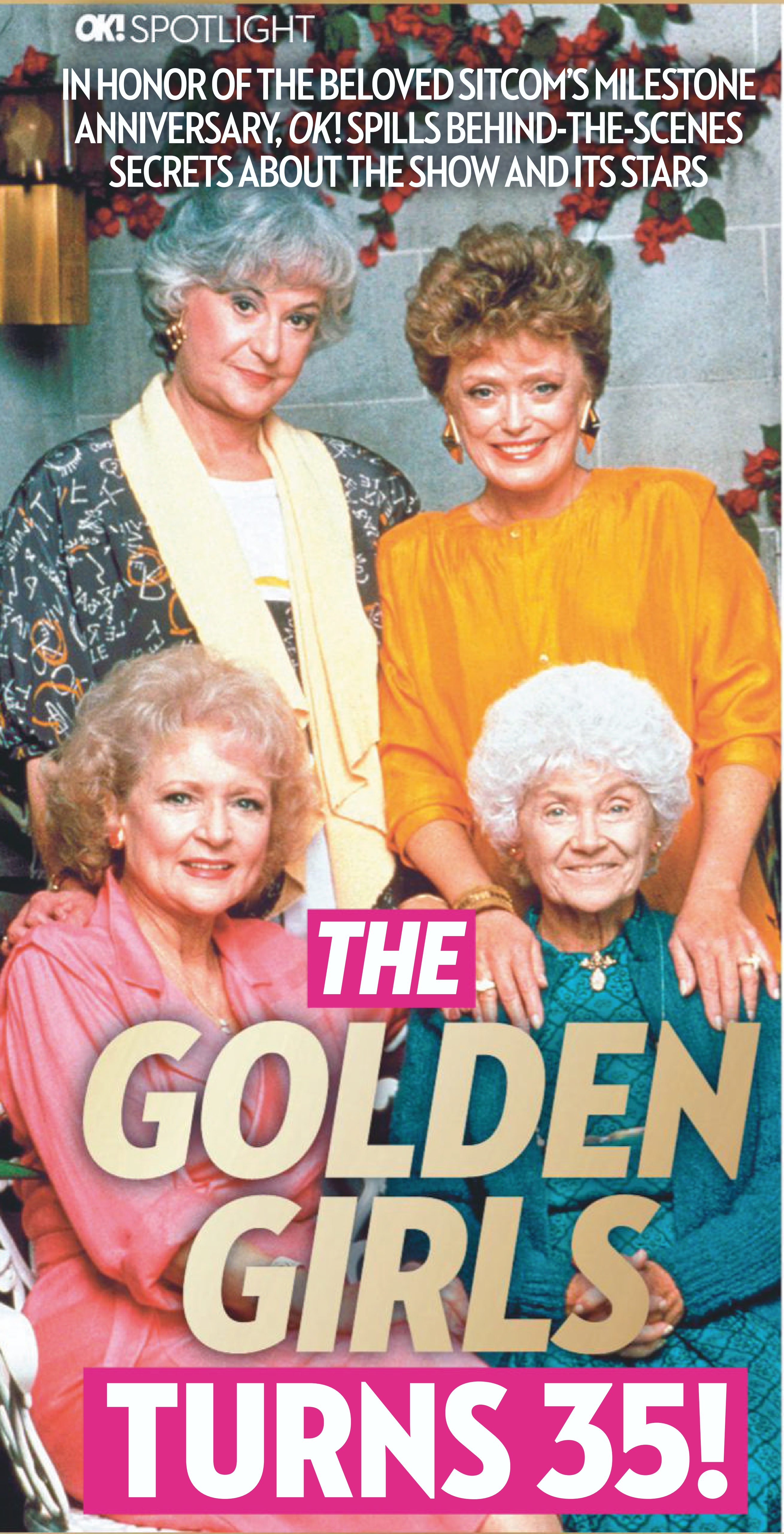
A SOURCE TELLS *OK!* THE COUNTRY QUEEN HAS A NEW LEASE ON LIFE THANKS TO HER SEXY YOUNGER MAN

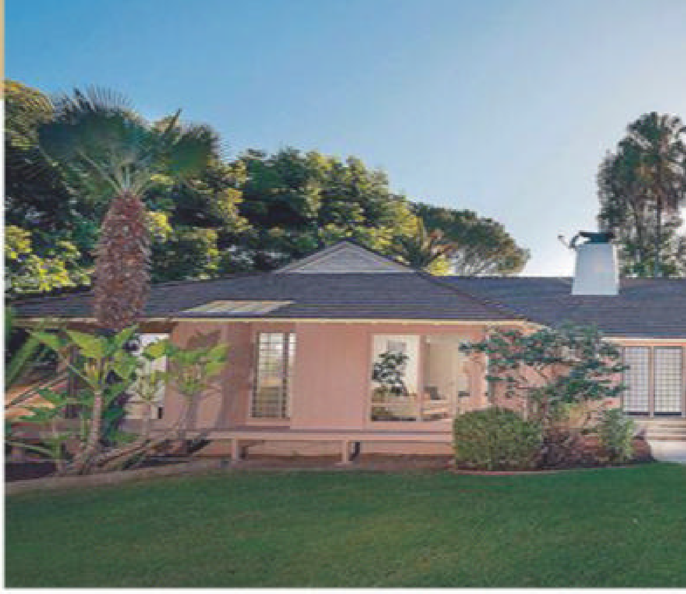


**BROKEN BONDS**
**"Reba hasn't had it easy in the love department," shares a source, noting that there's "still some bitterness" between the star and her ex-husband Narvel (left). As for Skeeter (right), it was their different lifestyles that pushed them apart. Adds the source: "Reba needed more excitement."**

# THE GOLDEN GIRLS TURNS 35!

IN HONOR OF THE BELOVED SITCOM'S MILESTONE ANNIVERSARY, *OK!* SPILLS BEHIND-THE-SCENES SECRETS ABOUT THE SHOW AND ITS STARS





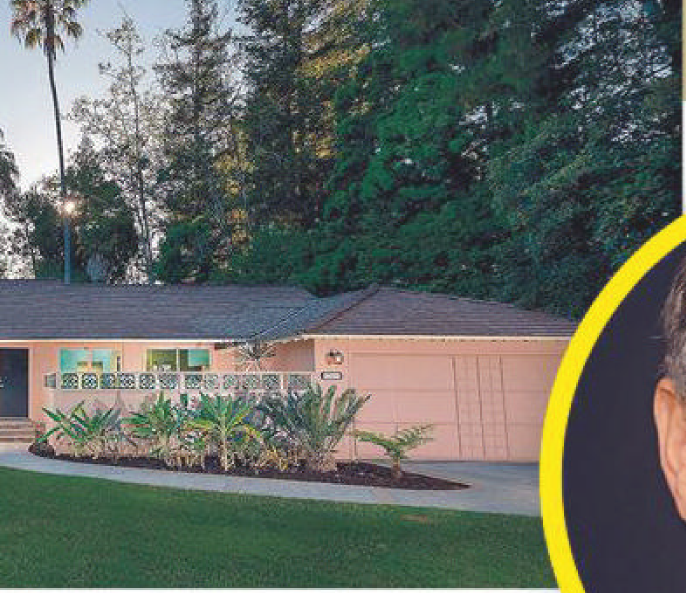
1 ▲ Though *The Golden Girls* was set in Miami, the iconic house featured on the series was actually located in L.A.

2 **Cynthia Fee** sang the show's iconic theme song, "Thank You For Being a Friend," but it was originally written and recorded by **Andrew Gold**.

3 **Betty White** was initially offered the part of Blanche, and **Rue McClanahan** was given Rose. The stars eventually swapped roles — and the rest is history!

4 ▼ The late Broadway icon **Elaine Stritch** auditioned for Dorothy (played by **Bea Arthur**), but reportedly lost the part because the show's writers didn't like her.

5 Originally, Sophia (made famous by **Estelle Getty**) was meant to be an occasional drop-in character. However, audiences loved her so much that producers decided to make her a series regular.



George
Mario
Alex

6 ▶ Even though Estelle played Dorothy's feisty mother, she was actually a year younger than Bea.

7 Over the course of the show's seven seasons, the ladies ate more than 100 cheesecakes. Bonus fact: Bea hated the dessert! ▶

8 There's a reason the kitchen looked familiar: It's the same set that was used on the short-lived sitcom *It Takes Two*, starring **Patty Duke** and **Helen Hunt**.

9 ▼ Rue reportedly had a clause in her contract that allowed her to keep Blanche's entire wardrobe. (She ended up taking home more than 500 outfits!)

10 ▲ Lucky ladies! In season 2, **George Clooney** played a detective in the episode titled "To Catch A Neighbor." He's not the only famous face to have made a cameo: **Quentin Tarantino**, **Mario Lopez**, **Sonny Bono** and **Alex Trebek** were all guest stars.

11 Off-camera, Betty and Rue were very close friends. "We used to have riddles for each other between scenes, and when the scene was over, we would give each other the answer," Betty once said. "[Rue] was like a butterfly — such fun."

12 The same can't be said for Betty and Bea. "She was not that fond of me," Betty confessed of her late costar. "She found me a pain in the neck sometimes. It was my positive attitude — and that made Bea mad sometimes. If I was happy, she'd be furious!"

13 ▶ Dorothy's crazy earrings were all clip-on! Bea's ears weren't pierced in real life.

14 The series finale, which aired on May 9, 1992, drew in 27.2 million viewers.

15 ▶ At 98, Betty is the last living Golden Girl. Estelle passed in 2008 from Lewy body dementia at 84; Bea lost her battle with cancer in 2009 at 86 and Rue suffered a fatal stroke in 2010 at 76.

# HILARY SWANK

# REACHING NEW HEIG

She played a boxer in *Million Dollar Baby*, an aviatrix in *Amelia* and an FBI agent in *Logan Lucky*. But **Hilary Swank** says that taking on the role of an American astronaut in the new Netflix series *Away* has been one of the most exciting. “I actually wanted to be an astronaut before I wanted to be an actor,” shares Hilary, 46, who portrays a commander embarking on a three-year voyage to Mars. “[I love] the whole idea of space exploration — something bigger than all of us looking back down at Earth. There are no boundaries. It’s [a] beautiful [thing].” Here, the award-winning actress chats more about the show, the challenges of mimicking zero gravity and her thoughts on traveling to the moon!

**GIRL POWER**

**“I love that the commander of this mission to Mars is a woman and that it’s not the drama of the story,” Hilary says of her role in Netflix’s Away. “I think it shows how far we’ve come toward equality.”**

## 5 FAST FACTS

As a kid, Hilary was quite the athlete: In addition to being a talented gymnast, she once competed in the Junior Olympics as a swimmer.

The actress counts *Law & Order: SVU* star Mariska Hargitay as one of her BFFs. "She's a real girl's girl. She's not threatened by strong women, and that's rare in this business," Hilary's said of Mariska. "She's my family."

Hilary made her big-screen debut in 1992's *Buffy the Vampire Slayer*. "I was completely nervous because I didn't want to mess up," she recalled. "I'd all of a sudden got this opportunity to live my dream!"

Hilary's been happily married to entrepreneur Philip Schneider since 2018. "I have to say — he's great," she gushed.

She packed on 23 pounds of muscle for her role in 2004's *Million Dollar Baby*. "I started working out five hours a day [and eating] 210 grams of protein," said Hilary, adding that she had to drink "60 egg whites every morning," eat "every half hour" and wake up in the middle of the night to "drink protein shakes."

# HTS

THE TWO-TIME OSCAR WINNER DISHES ON HER LATEST ROLE IN THE SCI-FI DRAMA *AWAY*

**Was playing an astronaut everything you dreamed it would be?**

It was more physically challenging than I actually had anticipated! Pretending that you're in zero-G — it takes a lot to make it look effortless. We were harnessed by the lower part of our hips and they were acting as a pendulum. So we'd squeeze our glutes to move us forward, and then squeeze our abs to move us backward. But the whole time, we were squeezing these muscles so tight and trying not to talk funny because of it.

**So you and your costars were on wires? Was that difficult?**

It took a real effort. We had to figure out how to cross and fly by each other. And we all had to be on our A-game, because one person could be doing the perfect fly-by with a monologue, and if [another] person is standing [in the way], we'd have to redo it. It's definitely a dance that took a lot of figuring out.

**Were the space suits heavy?**

They were no joke. They were not made to look real, they were like... real. I think you could go to space in them! We used the real fabrics, and the hardware was really heavy. I think a suit, along with the backpack, weighed somewhere around 35 pounds. That was a lot of sweat!

**Tell us more about your character. She's not just an astronaut, she's also a wife and a mother.**

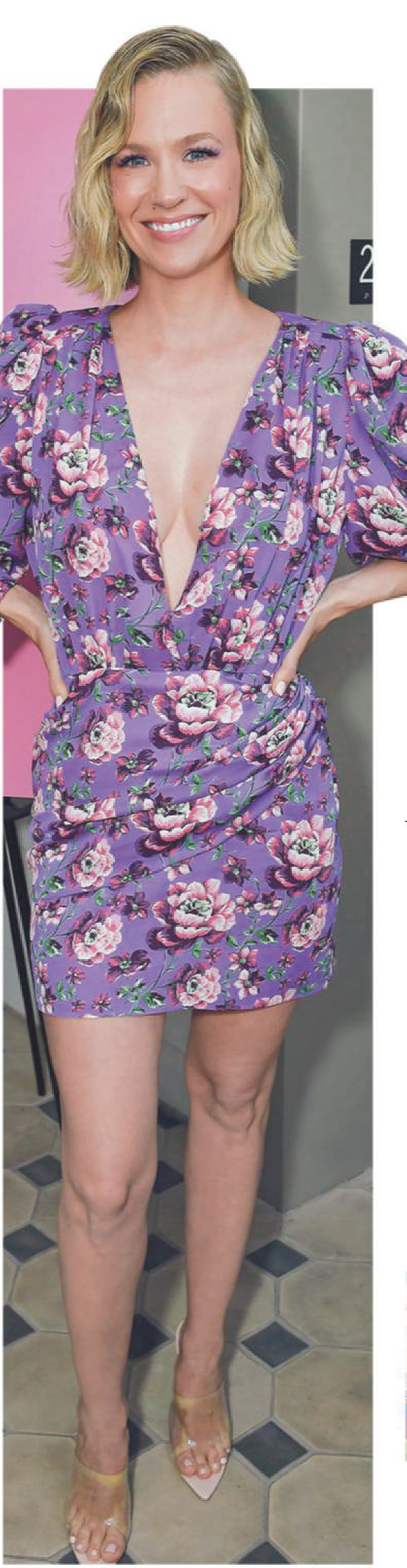
These writers wrote such an immensely deep, layered human being. There's a lot of modernness to [her] story. And I know you didn't ask this, but with all the characters, it shows how colorful the world is. For so long, we've been seeing from the white male point of view. And this [show] is just so rich with all the different races, [an] LGBTQ storyline — it's showing a colorful part of the real world, and I really appreciate that. It's one of the big reasons why I wanted to come on board not only as an actor but as an executive producer.

**If given the opportunity, would you go to space?**

I don't think I would want to go to Mars if it took three years, but the moon, 100 percent. **OK!**

# JANUARY'S Stay-Fit Formula

**JANUARY JONES'** FOOL-PROOF TIPS AND TRICKS FOR LOOKING AND FEELING HER BEST



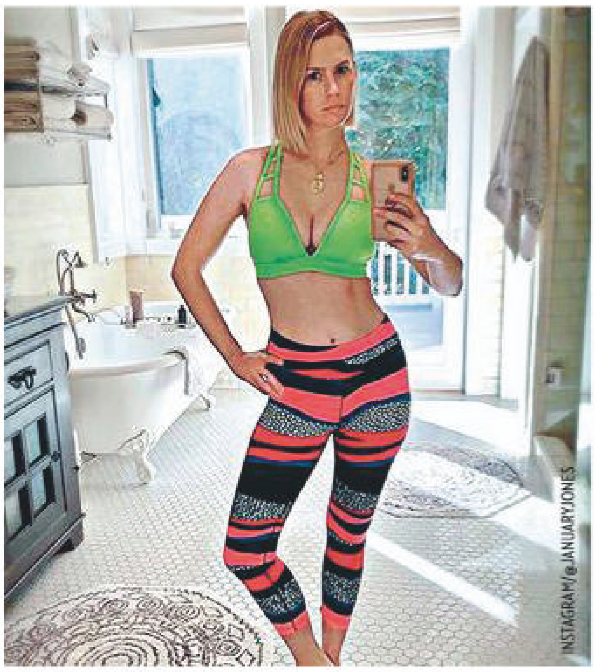
## GO GREEN

Count January among the dozens of celebs who start their day with celery juice. "I've seen amazing results in my energy, digestion and skin and how I sleep," shared the 42-year-old star. "I have that in the morning, then I take my vitamins and drink coffee."

## PAMPER YOURSELF

The *Mad Men* alum is all about self-care, and it shows. (Her skin practically glows!) "My skincare regimen is my favorite thing to do. In the morning, I exfoliate, then I apply a serum and a cream," she revealed. "At night, I have different serums and products that I use, and they're all lined up in order." The benefits aren't just superficial, she added. "My skincare routine is my only way to have a little control over my life."

INSTAGRAM/@JANUARYJONES



INSTAGRAM/@JANUARYJONES

## FIND YOUR MOTIVATION

The actress admitted she had trouble sticking to consistent workouts until she found classes she really loves. Her favorite is Lagree, a Pilates-like high-intensity, low-impact full-body blast. "[It's] quite difficult, but I've found that it's the only thing that really makes me feel stronger, and I'm loving it," said the mom of one, who regularly shares selfies of her workout outfits on IG. "The music is good and there's always a different routine, so it doesn't get boring."

## CELEBRATE WHAT MATTERS

When January gained a few pounds after first taking up Cardio Barre classes, she didn't freak out. "It's fine," she said. "I feel better. I feel stronger. It's muscle, obviously. I feel tighter and more energetic." Plus, talk about #BikiniGoals!

## EAT CLEAN

The blond beauty refuses to deprive herself. "If I want something — steak, a bagel — I'll eat it," she's said. "There's no diet or strict set of rules." But the *X-Men: First Class* star does try to eat healthily most of the time. Breakfast is a banana and a post-workout MacroBar, followed by a lunch of salad or soup and dinner is typically salmon or pasta and lots of green veggies. "We eat organic [at home] because I worry a lot about that for my kid [**Xander**, 9]. No antibiotics or hormones in meats is really important to me, and so is eating sustainable fish," she explained. "I don't want to be that annoying person in the restaurant who's like, 'Where's the fish from?' But I do it anyway!"

OK! QUICK TIP

## HYDRATE LIKE A PRO

Everyone knows how vital $H_2O$ is to overall health. Thanks to added electrolytes and antioxidants, pH-balanced Next Level Fitness Water (which is sourced from natural springs in the Adirondack Mountains) delivers optimal benefits to help you feel your best. Drink up! amazon.com

NEXT LEVEL
FITNESS WATER
16.9 FL OZ (500 mL)
+PH & ELECTROLYTES FITNESS WATER

2020 OK! WELLNESS Awards

Sponsored

# HEMP YEAH! HEMP YUM!

## Hemp-based nutrition 101

Plant protein never tasted so good! Manitoba Harvest hemp foods are made with the highest-quality organic ingredients, like pumpkin seeds, quinoa, chia, and at the heart of every item — hemp hearts. With a strong nutrient profile and rich nutty taste, they're ready to eat right out of the bag, or add to any meal.

> **Shelled hemp seeds, or hemp hearts, are my go-to plant protein. In just one serving, they deliver 10g of complete protein with all 9 essential amino acids, plus 12g of omegas 3 & 6, and are a good source of magnesium. On top of that, their versatility is unmatched."**
>
> *— Brigitte Zeitlin, RD and founder of BZ Nutrition*

Visit ManitobaHarvest.com and try us out today. Use code MH20 for 20% off your entire order! Limit to one use per customer.

Hemp! yeah! GRANOLA BLUEBERRY
ORGANIC HEMP HEARTS SHELLED HEMP SEEDS
Hemp! yeah! Balanced Protein + Fiber

Try adding Hemp Seed Oil to sauces, dips or simply top dishes with a light drizzle for adding flavor.

The Hemp Yeah! Granola adds the perfect amount of crunch to your breakfast or snack and is available in Honey & Oats, Dark Chocolate and Blueberry.

Sprinkle Hemp Hearts on salads, cereal, yogurt, or blend them into smoothies. Before long they'll be a staple in your pantry!

Just one serving of this powerhouse plant-based protein powder packs 15g of protein and 8g of fiber. It's unsweetened, making it the perfect boost for smoothies, baked goods and more!

"I personally love this recipe, and it's one of my favorite dinners to make," supermodel and yoga expert **Rachel Hunter** says of the tasty stuffed sweet potato dish she shares here. "It's an amazing, light, fresh meal featuring a little spice and sweetness from the potatoes," she continues. "And the plain almond yogurt by Dah! adds a cooling, delicious flavor and offers a beautiful structure." Pass us a fork!

**SERVES:** 4
**TOTAL TIME:** 50 MINS.
**SKILL LEVEL**
●●○○○

### RACHEL HUNTER'S

# Dah! Curried Bean Stuffed Sweet Potatoes

**Ingredients**

- 4 medium sweet potatoes
- 1 tbsp olive oil
- 1 clove garlic, finely minced
- 1 15-oz can black beans
- 1 15-oz can chickpeas, rinsed and drained
- ½ tsp cumin
- ½ tsp onion powder
- ½ tsp paprika
- ¼ tsp fine sea salt
- Freshly cracked black pepper to taste
- A dollop of Dah! plain almond yogurt (dairy free)

**Directions**

**1.** Preheat the oven to 400 degrees. Stab each sweet potato a few times with a fork and place them on a lined baking sheet. Bake for 45 minutes to 1 hour — or until tender and easily pierced with a fork.

**2.** Heat a large skillet over medium heat and add in the olive oil. Once hot, add in the garlic, black beans, chickpeas, cumin, onion powder, paprika, salt and pepper. Stir to combine and cook for 3 minutes.

**3.** When sweet potatoes are ready to serve, cut the center of the potatoes open and mash the inside. Divide the chickpea mixture evenly among the potatoes. Add a dollop of Dah! plain almond yogurt.

**4.** Enjoy!

You know what time it is.
Kraft
Singles
#GrilledCheeseOclock

© 2020 Kraft Foods

# CAVALLARI'S CARATS

Uncommon James designer **Kristin Cavallari** has just added demi-fine jewels to her collection of everyday baubles. The pieces, made with sterling silver-plated 14K gold and ethically sourced diamonds, are "bold enough to stand alone, yet simple enough to be layered with other jewelry," explains the blond beauty, noting that the delicate designs are ideal for daily wear as well as special occasions. With an entry price point of $78, Kristin adds that the collection is "perfect for gifting — and also treating yourself for life's best moments." So go on and shine, ladies! **OK!**

**—Marissa Rubin**

## OK! STYLE WEEK

**Uncommon James**
Marilyn Mini Hoop Diamond Earrings, $228, High Point Diamond Necklace, $508, Top Shelf Necklace, $248, Uptown Diamond Ring, $258, Golden Era Ring, $78, uncommonjames.com

GOING BACK VIRTUALLY OR IN PERSON

# 4 EASY HAIR HACKS ALL IN A NEW YORK MINUTE

It's already tough enough to decide what to wear for this new virtual/in person life, so maybe ease up on elaborate hairstyles and hot tools and embrace the new trend for hair casual. While a high ponytail will most always fit the bill, there are other not boring hairstyles that will complement your Fall look. Here are some products to try whether you are headed back to school or work.

SGX NYC
HAPPY PLACE
NOURISHING DRY SHAMPOO

## Wash Hands More & Hair Less

Some mornings, you start the day with infinite energy. Other days not so much. Take advantage of your second-day hair and try a new do. Whether it's a textured bun or a fishtail braid, **SGX NYC Happy Place Nourishing Dry Shampoo** will freshen up those flat, oily roots. Plus, this wonder fix is infused with coconut oil and provitamin B5 and brushes invisibly with no residue. **Target.com and Target stores $6.99.**

SGX NYC
SALON GRAFIX
THE DO-IT-ALL
3-IN-1 DRY TEXTURE SPRAY
volume + refresh + hold
dry shampoo-meets-hairspray
net wt. 6.5oz / 184g

STYLE WITH SGX NYC.

## Embrace the New Hair Casual

What's great about second-day hair? It's got that bit of texture and movement that is both casual and cool. Nab that "just got out of bed" look with **SGX NYC The Do It All 3-in-1 Dry Texture Spray**. It's an A-List fave that gives hair instant volume and hold. Spray and go. **Available at Kroger stores.**

SGX NYC
REPAIRS & STRENGTHENS HAIR with BOND BUILDING TECHNOLOGY
HAIR IQ
10-IN-1 LEAVE-IN TREATMENT
88%* Showed Damaged Hair Repair
FOR ALL HAIR TYPES
4.0 fl oz / 118 mL

## ISO Healthy Hair

You've eased up on heat-styling, donned a weekly hair mask, and extended your visits to the salon for color treatments. Yet, your hair still suffers from daily wear and tear. Try **SGX NYC Hair IQ 10-in-1 Leave In Treatment with Bond Building Technology.** You can use it on damp or dry hair, and it will strengthen and repair damaged hair*. **Available at Meijer stores.**

SGX NYC
CURL POWER
NOURISHING CURL CREAM

## Curl Power

Admit it, how lucky are you to have curly hair. No flatiron or wands required; curls are the DIY dream-style. Managing curly hair is a whole other issue. Make it a whole lot easier with **SGX NYC Curl Power Nourishing Curl Cream**. Fans swear by its restorative powers — giving your curls back their natural flow. Plus, the coconut oil and shea butter add shine and definition. Use it on washed hair or on second day hair. **Available at Publix stores.**

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*Based on laboratory swatch testing versus untreated control.

# What's HOT Right Now!

THE LATEST **PEANUTS X THE MARC JACOBS** COLLECTION IS A CHEEKY RED, WHITE AND BLUE HOMAGE TO SNOOPY AND THE GANG

PEANUTS
X
MARC JACOBS

The iPhone 11 Case, $55

THE
BACKPACK
MARC JACOBS

The Medium Backpack, $250

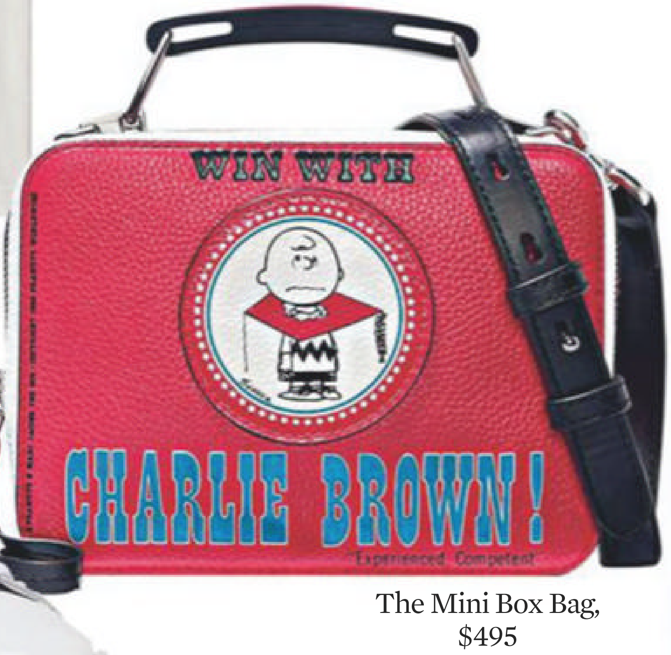
LUCY
IS THE ONE
"PEANUTS X THE SWEATSHIRT MARC JACOBS"

The Sweatshirt, $225

WIN WITH
LINUS
"PEANUTS X THE T-SHIRT MARC JACOBS"

The T-Shirt, $125

Rita Ora has been spotted in the Peanuts x The Marc Jacobs The Gym Pant twice!


WIN WITH
CHARLIE BROWN!
Experienced Competent

The Mini Box Bag, $495

LUCY
IS THE ONE

The Gym Pant, $195

The Tennis Shoe, $295

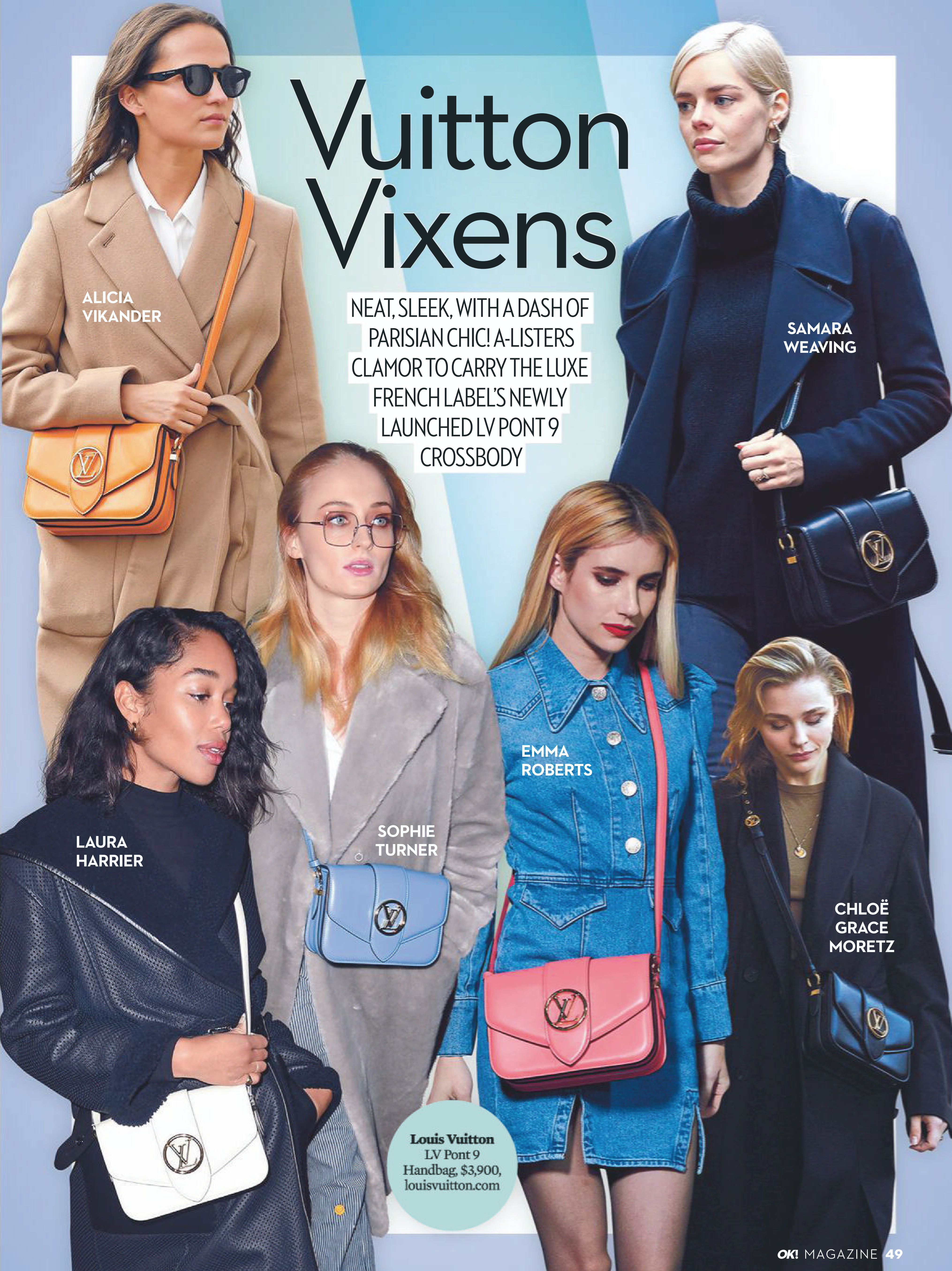
The Snapshot, $350

**All available at marcjacobs.com**

By Marissa Rubin

# Vuitton Vixens

NEAT, SLEEK, WITH A DASH OF PARISIAN CHIC! A-LISTERS CLAMOR TO CARRY THE LUXE FRENCH LABEL'S NEWLY LAUNCHED LV PONT 9 CROSSBODY


ALICIA VIKANDER
SAMARA WEAVING
LAURA HARRIER
SOPHIE TURNER
EMMA ROBERTS
CHLOË GRACE MORETZ

**Louis Vuitton**
LV Pont 9
Handbag, $3,900,
louisvuitton.com

# FALL RUNWAY REPORT

YOUR GO-TO FASHION GUIDE TO THE SEASON'S 8 MOST STYLISH TRENDS

## CAMEL COAT

**Boden** Edale Belted Coat in Camel, $340, bodenusa.com

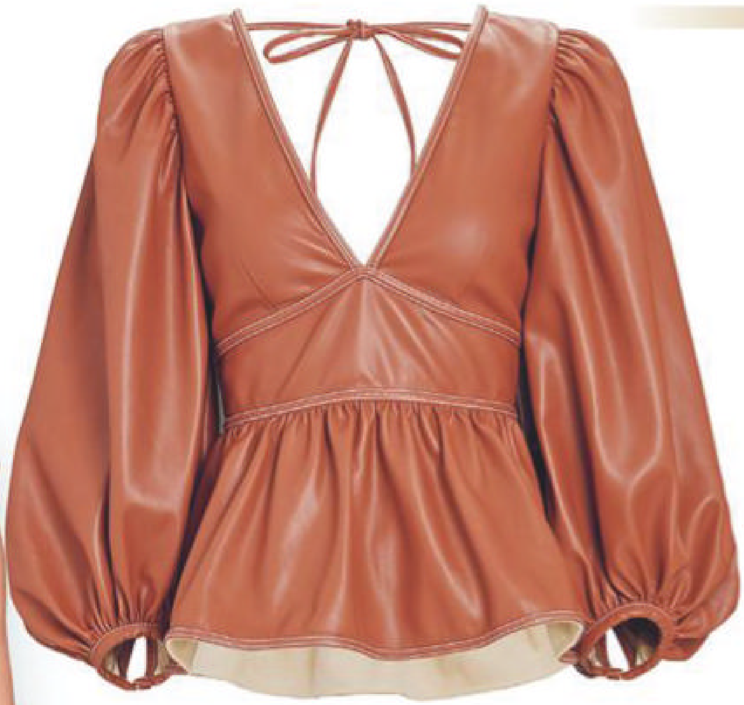
## LACE

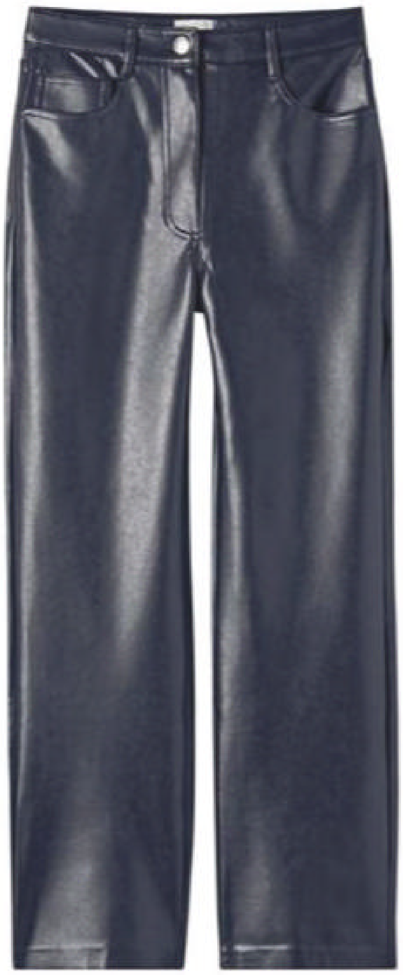
**Philosophy di Lorenzo Serafini** Ruffled Lace Tank Top, $650, intermixonline.com; **J.Crew** Lace Skirt, $178, jcrew.com

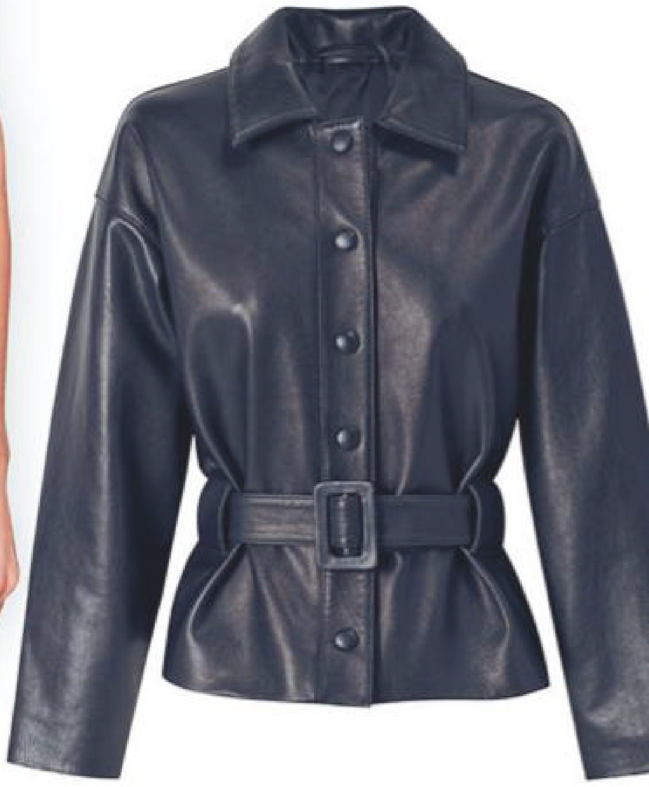
## CHAIN-DETAIL

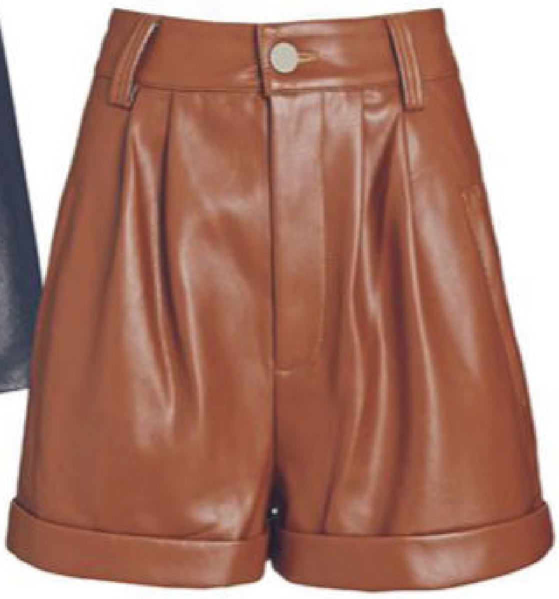
**Brother Vellies** Woven Olivia Pump, $795, brothervellies.com; **Zara** Flat Leather Shoes with Chain, $70, zara.com; **Jessica Simspon** Wintelle Ankle Strap Pump in Burgundy Plum Fabric, $98, nordstrom.com

**By Marissa Rubin**



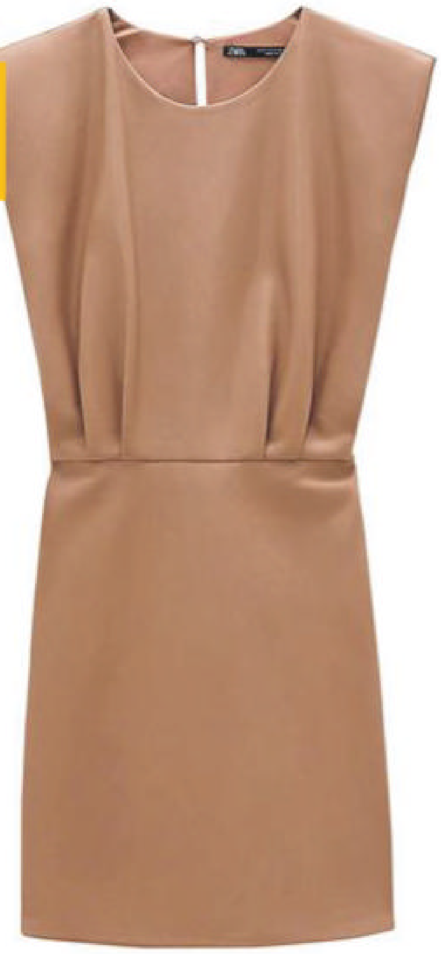


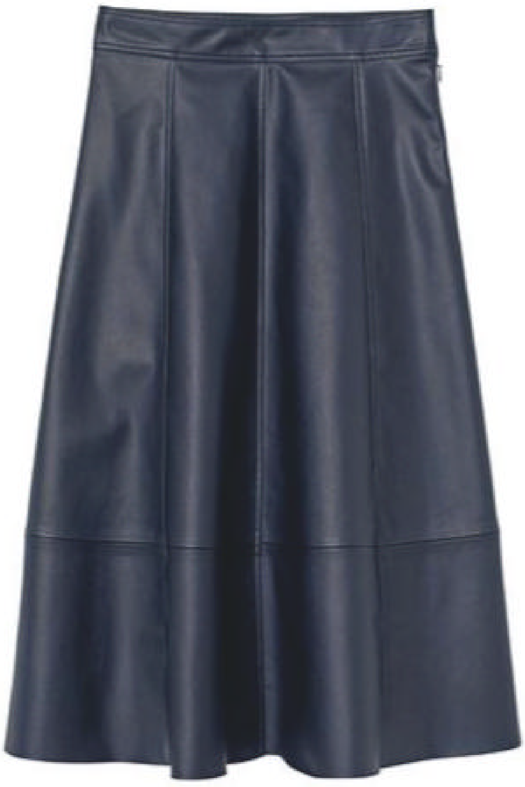




# LEATHER

**Staud** Luna Vegan Leather Puff Sleeve Top in Brown, $315, intermixonline.com; **Wilfred** Melina Cropped Pant in Black Vegan Leather, $148, aritzia.com; **Divine Heritage** High-Rise Vegan Leather Shorts in Brown, $245, intermixonline.com; **H&M** Faux Leather Skirt in Black, $35, hm.com; **Zara** Faux Leather Dress, $50, zara.com; **Mango** Belted Leather Jacket, $200, mango.com





# FALL RUNWAY REPORT

DOLCE & GABBANA

## ROMANTIC BLOUSE

**J.Crew** Ruffle-Front Classic-Fit Boy Shirt, $90, jcrew.com; **Rhode** Charlotte Ruffled Puff Sleeve Top, $325, intermixonline.com

## PILLOW PURSE

**Simon Miller** Large Puffin Bag in Sepia Brown Leather, $520, simonmillerusa.com; **Danse Lente** Lola Leather Bag in Dark Sienna, $325, danselente.com; **Staud** Bean Bag in Tan Leather, $195, shopbop.com

DANSE LENTE

## XL EARRINGS

**Kenneth Jay Lane** Hammered Polished Gold Earrings, $90, shopbop.com

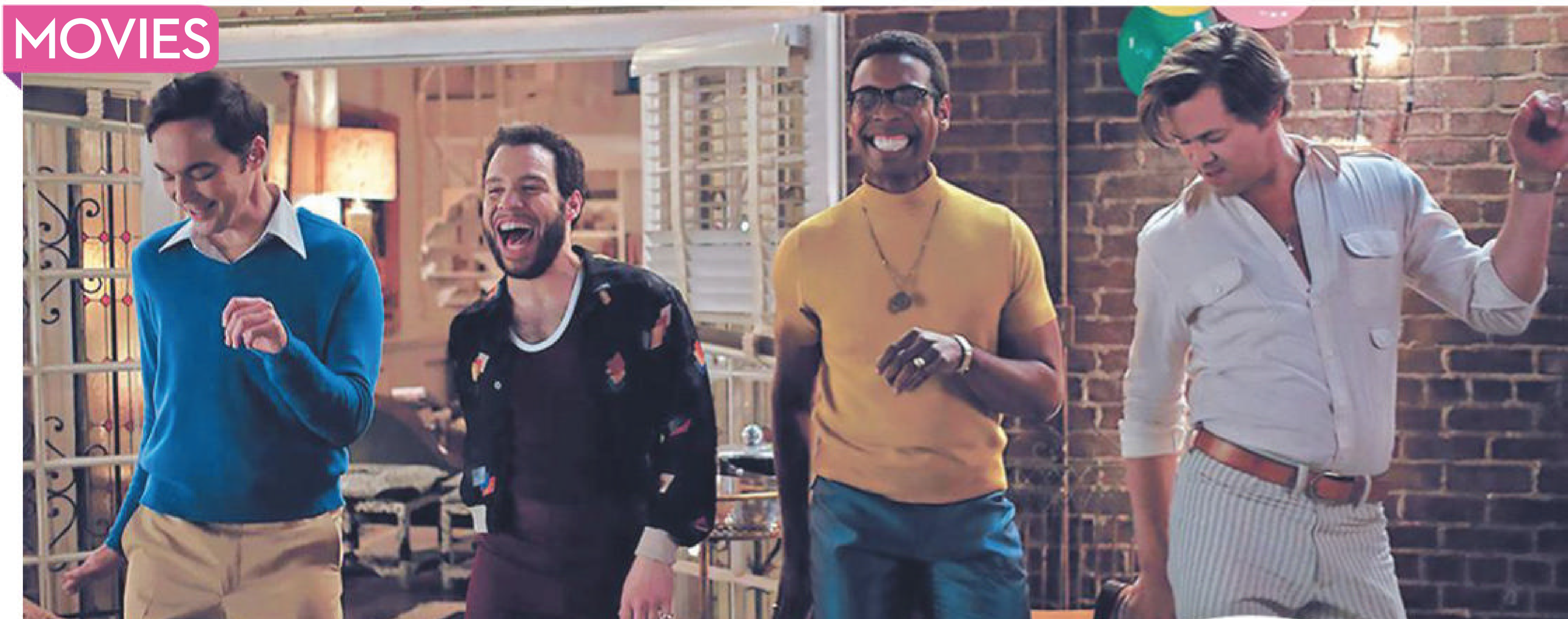
# GRAY MATTERS

**Mango** Knit Strap Top, $40, and Knit Skirt, $50, mango.com; **Frame** Balloon-Sleeve Sweater in Gris Heather, $398, frame-store.com; **Ulla Johnson** Carmen Jean in Onyx Acid, $445, ullajohnson.com; **ZAC Zac Posen** Veronique Pump in Gray, $119, macys.com; **Fendi** Gray Cable Knit Baguette Handbag, $2,790, fendi.com

# OK! Entertainment

BY LEANNE ACIZ STANTON

## MOVIES



### THE BOYS IN THE BAND

**Jim Parsons, Andrew Rannells, Zachary Quinto | Fri., Sept. 30 on Netflix**

**Ryan Murphy**'s film adaptation of the gay classic *The Boys In The Band* wisely features the same star-studded cast as the 2018 Tony Award-winning Broadway revival.

Set in pre-Stonewall New York City in 1968, Michael (Parsons) invites his closest pals over to celebrate his birthday. But when a visitor from Michael's past shows up, the joyous occasion turns into a life-changing night as each guest is forced to confront their fears, pasts and especially themselves.

The movie and 2018 stage production are based on Matt Crowley's 1968 off-Broadway sensation.

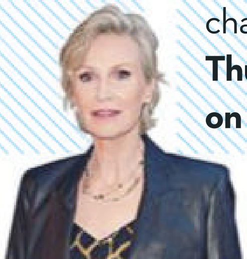
## OK! BEST OF THE WEEK

MARK YOUR CALENDAR FOR THESE SHOWS YOU WON'T WANT TO MISS!

### WEAKEST LINK

**Jane Lynch** hosts the reboot of the beloved British game show, in which contestants answer rapid-fire questions to earn money before choosing the most precarious player, who will (gulp) hear the dreaded catchphrase.

**Mon., Sept. 28, at 10 PM ET on NBC**



### GANGS OF LONDON

In this thrilling series, *Peaky Blinders*' **Joe Cole** stars as Sean, a man seeking to avenge his father's death with the help of a well-known crime family, setting off a dangerous chain of events.

**Thurs., Oct. 1, on AMC+**

### CONNECTING...

*Friends*, pandemic edition? This socially-distanced ensemble comedy features Garrett (**Keith Powell**) and his pals attempting to lighten the mood during these dark times by keeping in touch via hilarious virtual conversations.

**Thurs., Oct. 1, at 8:30 PM ET on NBC**

### EMILY IN PARIS

From the creator of *Sex and the City* comes this new show starring **Lily Collins** as Emily, a charming Midwesterner who relocates to the City of Lights — and finds adventure waiting at every turn.

**Fri., Oct. 2, on Netflix**

The sci-fi comedy earned positive reviews at Sundance this February.

## SAVE YOURSELVES!

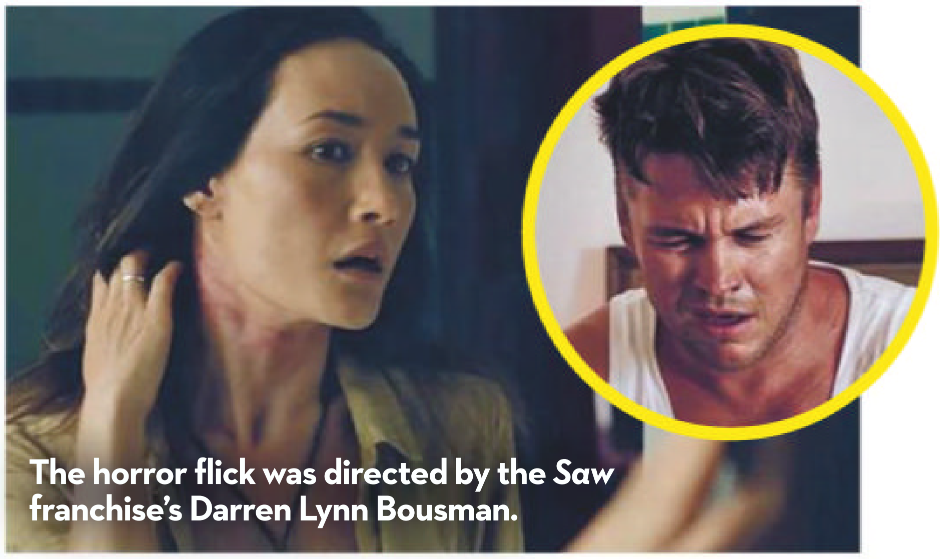
**Sunita Mani, John Reynolds | R | In theaters Oct. 2 and available on demand Oct. 6**

Brooklyn couple Jack (Reynolds) and Su (Mani) are too dependent on technology — and their relationship has become strained as a result. In an attempt to rekindle the flame, the pair leave behind their cell phones and head to a remote cabin in the woods. But without a connection to the outside world, Jack and Su don't realize aliens have invaded Earth. By the time they learn something is amiss, they have no choice but to use their own wits and skills to survive the chaos.

## DEATH OF ME

**Maggie Q, Luke Hemsworth | R | In theaters and available on digital and on demand Oct. 2**

During a romantic getaway to Thailand, Christine (Q) and Neil (Hemsworth) wake up without any recollection of the events that occurred the night before. When the couple comes across a video retracing their steps, they're stunned to see Neil seemingly killing Christine in the footage. Terrified and confused, the two attempt to figure out what really happened during their date night — and learn of a sinister scheme unraveling at the idyllic location.



The horror flick was directed by the *Saw* franchise's Darren Lynn Bousman.

OK! Q&A

# MAYIM BIALIK

ACTRESS

You could describe **Mayim Bialik** as a pop culture icon, neuroscientist or a crazy cat lady — and each time, you'd be right. *OK!* chats with the actress, who's teamed up with Royal Canin for the Take Your Cat to the Vet program.

**Tell us about your upcoming comedy show, *Call Me Kat.***
[My *Big Bang Theory* costar] **Jim Parsons** and I are coproducing *Call Me Kat*, which is an American version of the BBC series *Miranda*. My character, like me, is a cat lover who leaves her job as a math professor to open a cat café. I love this character because she is fun, quirky, single and just loving life.

**How is it working with Jim again?**
Jim is one of my favorite people I have ever worked with in the industry, and it is a true honor for him to have brought me this project and to believe in me the way he does. We're so proud of working together in this way. It's [been] so much fun already.

**What are your thoughts on a *Blossom* reboot — and where do you think Blossom would be today?**
Right now, Warner Brothers is my home network and has my heart, but I will say I've explored the idea. There is industry complexity around it and I'll leave it at that. I'd love to see it happen. I think Blossom would probably be a civil rights attorney.

**You host *Celebrity Show-Off* — what secret skill would you share?**
I don't know if I have any secret talents, but I love organizing things like **Marie Kondo**. I think it's kind of a superpower, if I do say so myself.

**Any other projects coming up?**
I'm starting a mental health podcast called *Mayim Bialik's Breakdown*, which I am excited about. The intent is to break down the complexities of mental health. We haven't launched yet, but visit bialikbreakdown.com for updates.

**To learn more about preventative veterinary care, visit royalcanin.com/cathealth.**

# THINGS WE'RE OBSESSED WITH

THE TRENDS A-LISTERS ARE LOVING

Bradley (on Aug. 29 in Encino, Calif.,) was all smiles on the set of the upcoming Paul Thomas Anderson flick.

## BIG SCREEN MOMENT

**Bradley Cooper** has a groovy new gig. The actor was recently spotted in a wig and bell bottoms while portraying hairdresser turned mega-producer **Jon Peters** in an untitled flick based around the movie mogul's life. Though Jon still dabbles in the showbiz industry — he worked with Bradley on 2018's *A Star Is Born* — he now spends his 9 to 5 investing his fortune in the cannabis industry, including $10 million in Neptune Wellness Solutions Inc., a Canadian cannabis extraction company.

Lunches-to-Go
SEASONED SALADS
2020
OK!
WELLNESS
Awards

## A SMART PICK

Sticking to a nutritious diet can be difficult when you're chasing around kids *and* juggling a career. That's why entrepreneur (and mom on-the-go!) AnnaRose Mongiello-Ciminera created AnnaRose Fit & Healthy Lunches-To-Go. Available in a variety of tasty flavors — like mushrooms, artichokes, peppers, celery and gluten-free pretzel — these all-natural seasoned salads are not only delicious, they're also the perfect healthy option on a busy day! $19.99 for a 4-pack (plus shipping).

## SPECIAL OCCASION

STERLING
VINEYARDS

Raise a glass to great television! For the fifth consecutive year, Sterling Vineyards returns as the official wine of the Emmy awards. Since the 2020 show will be a remote telecast, the iconic California winery is sending out over 3,000 bottles of Napa Valley Cabernet Sauvignon and other varieties to nominees so they can toast with their family or friends at home. sterlingvineyards.com

## IN FULL BLOOM

Brighten up your day (or someone else's!) with debi lilly design Extending Smiles bouquets. Not only do the floral arrangements look gorgeous, but proceeds from each purchase at participating locations will help first responders through the month of October. Available exclusively in the Floral Dept at your local Albertsons or Safeway store.

## TRIPLE PLAY

Put yourself first with the Hush & Hush's Ultimate Wellness Kit. The bundle boasts three essential supplements: TimeCapsule boosts immunity with vitamin C and zinc; PlantYourDay is a vegan protein powder that provides a daily dose of probiotics, fiber and antioxidants; and MindYourMind calms the body and soul with stress-blocking ingredients like rosea root and holy basil leaf. $99, hushandhush.com

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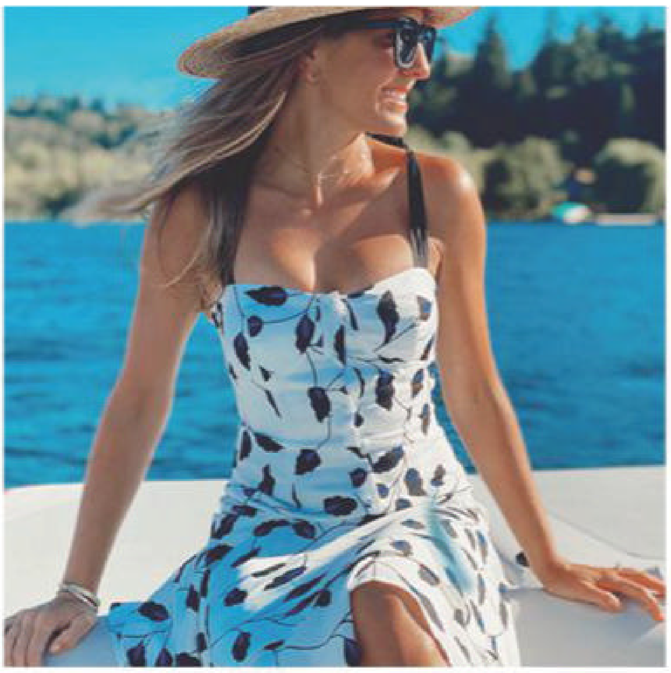

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# [Fall] fashion + beauty 2020 #FAVES

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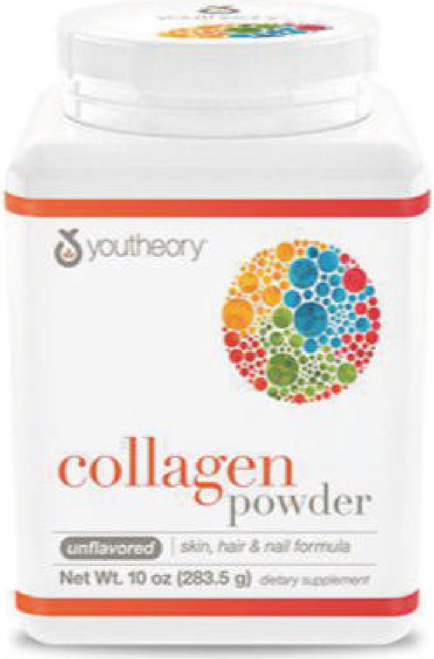
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# OK! BUZZ

WHAT EVERYONE IS TALKING ABOUT RIGHT NOW

## Hello, Ladies!

MEET *THE REAL HOUSEWIVES OF SALT LAKE CITY*

**LISA BARLOW** A married mother of two boys — and the owner of a marketing company and several tequila brands — Lisa considers herself a "Mormon 2.0," meaning she doesn't adhere to all of the religion's strict rules.

**MARY COSBY** Heir to an empire that includes churches, restaurants and more, Mary actually had to marry her late grandmother's second husband to inherit her family's fortune! The pair have been together for two decades and share a teenage son.

**HEATHER GAY** While she was raised in the Mormon faith, Heather's admitted that these days, she's "Mormon-ish." Following the end of her 11-year marriage, she's said to be on a journey of self-discovery as she raises her three daughters and manages her medical spa business.

**JEN SHAH** Who says you can't have it all? Jen, who converted from Mormonism to Islam, is a married mom of two (her hubby is University of Utah football coach Sharrieff Shah) and CEO of three marketing companies.

**WHITNEY ROSE** Talk about a scandal! A descendant of Mormon "royalty," Whitney, who now owns a skincare line, left the church after having an affair with her boss, Justin. Today, she and Justin are married and share two children.

**MEREDITH MARKS** A Jewish celebrity jewelry designer, Meredith is described by Bravo as an "ice queen with a knack for partying." She and her husband of 25 years are parents to three college-aged kids and adjusting to becoming empty nesters.

The WIZARD of OZ™

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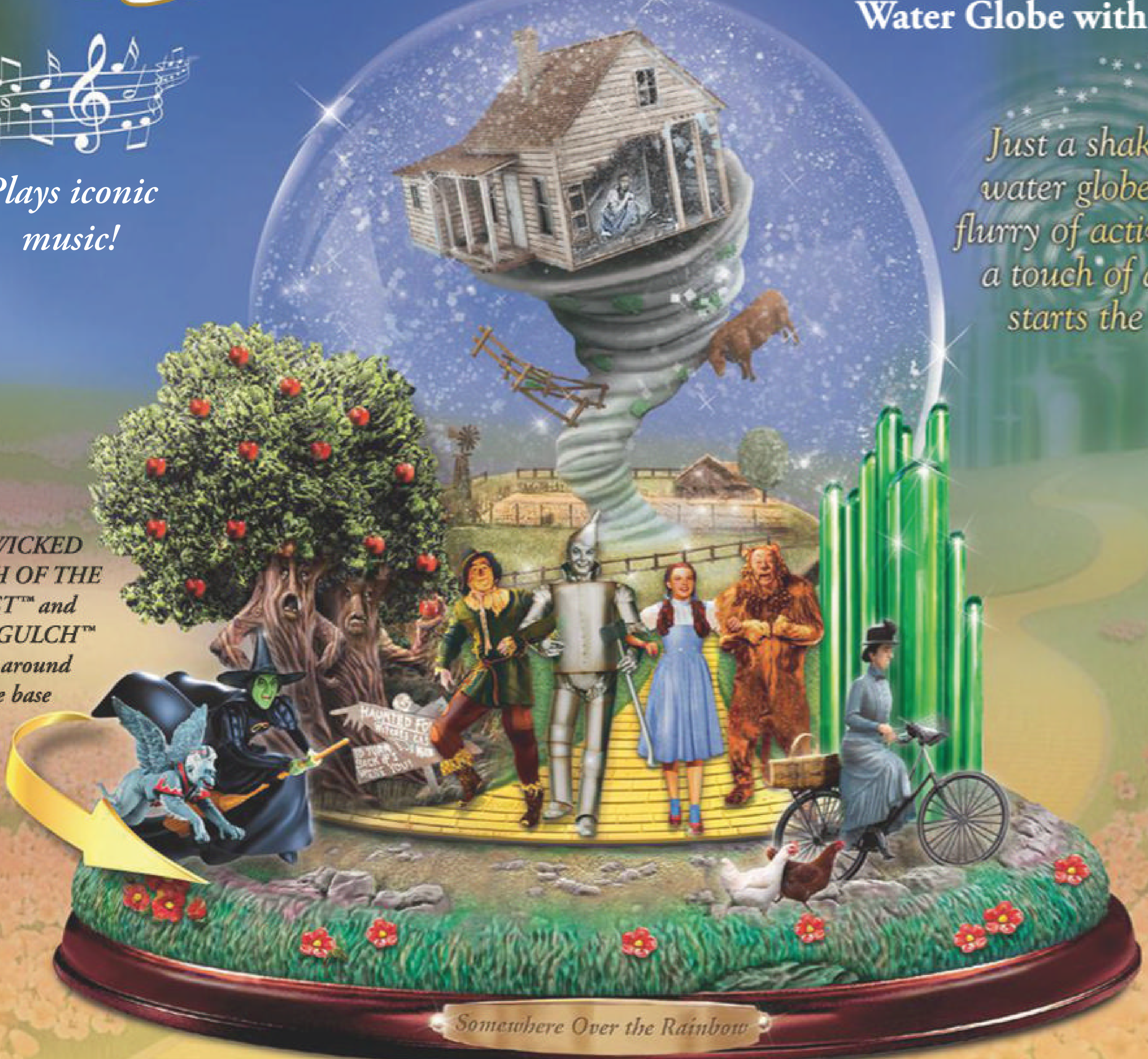

*Just a shake of the water globe starts a flurry of activity—and a touch of a button starts the twister*

*The WICKED WITCH OF THE WEST™ and MISS GULCH™ race around the base*

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*For information on sales tax you may owe to your state, go to bradfordexchange.com/use-tax

# SOUND BITES

## CELEBRITIES SAY THE DARNDEST THINGS

"My husband actually has way longer lashes than I do, and I get really annoyed."

**– HAILEY BIEBER**
ON HER DESIRE TO HAVE LONGER EYELASHES

"I'm single and my cup runneth over with my kids, so it's really not on my brain... It's, like, fifth on the agenda."

**– DREW BARRYMORE**
ON IF SHE'S LOOKING TO BE IN A RELATIONSHIP

"I'm realizing high heels really aren't as fun as I used to think they are."

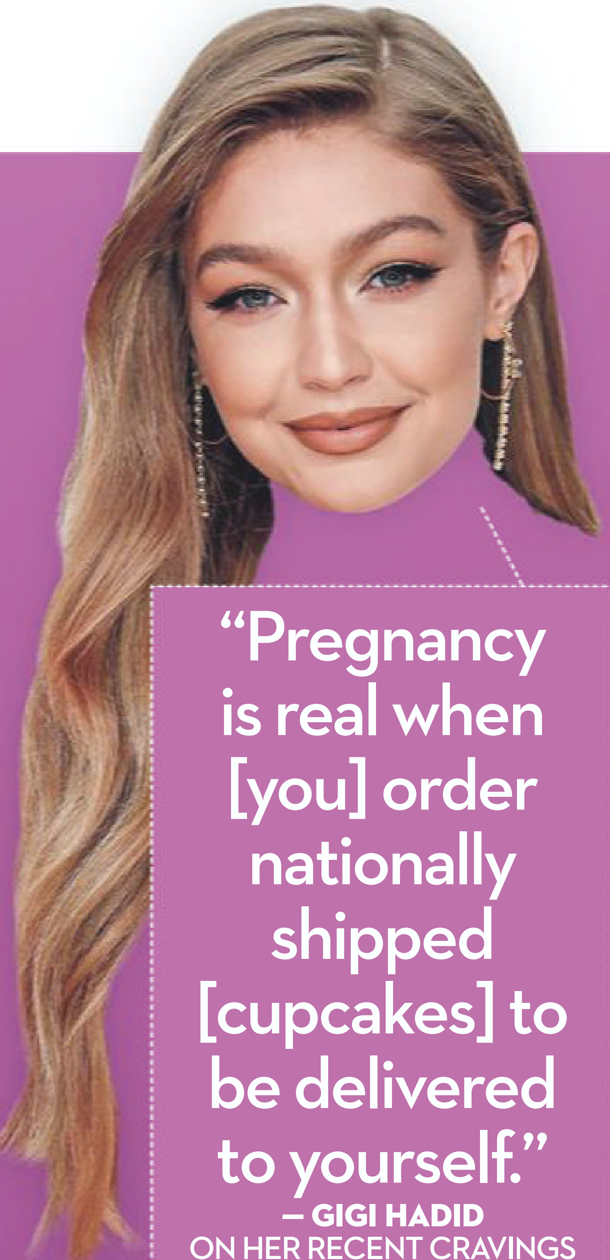
**– KRISTEN BELL**
ON WHAT SHE'S LEARNED FROM HER TIME STUCK AT HOME

"I don't think she was paying attention... She may have been playing with some princesses."

**– SERENA WILLIAMS**
ON 3-YEAR-OLD DAUGHTER ALEXIS OLYMPIA JR.'S LACK OF INTEREST IN HER MOM'S TENNIS TOURNAMENT

"[I'm] respecting the stage that they have set and then adding my icing to that. I feel confident about that, but of course, it's a challenge — but I don't back away from challenges."

**— TYRA BANKS**
ON REPLACING TOM BERGERON AND ERIN ANDREWS ON DWTS



"Every one of my exes thinks I'm crazy... I don't care."

**— SELENA GOMEZ**
ON WHERE SHE STANDS WITH HER FORMER FLAMES

"Pregnancy is real when [you] order nationally shipped [cupcakes] to be delivered to yourself."

**— GIGI HADID**
ON HER RECENT CRAVINGS

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NICOLE RICHIE SEPT. 21

## Virgo

Aug. 23–Sept. 22

Earth signs are reliable, practical and diligent. Careerwise, you're ambitious and invariably successful. You rule the physical world, which is why you're also great at cooking, cleaning, gardening and, yes, sex.

# What's in Your Stars?

**Libra** Sept. 23–Oct. 23
Air signs are easygoing and sociable. Making and keeping friends is no issue for you. You're also a born diplomat, savvy about how to keep peace among your loved ones. Like the winds that carry you, you're a breath of fresh air wherever you go.

**Scorpio** Oct. 24–Nov. 21
Those born under the sign of Scorpio are powerful, passionate, exciting and intuitive. Like all water signs, you can be emotional and as mysterious as the ocean depths. It's not easy for you to trust, but when you do, it's forever.

**Sagittarius** Nov. 22–Dec. 21
Fire signs are never bored or boring. You're the pied piper of the cosmos, tooting your flute to attract others with your enthusiasm and charisma. Plus, you have the cosmically conferred gift of an incomparable sense of humor.

**Capricorn** Dec. 22–Jan. 19
As an earth sign, you're responsible and disciplined, patient and careful. You almost always achieve your ambitions. Though you're often described as stoic, you're actually a realist who understands human nature and its foibles only too well.

**Aquarius** Jan. 20–Feb. 18
Curiosity is the hallmark of air signs. You seek the deeper meaning in everything and will tread where others fear to go. But you're no fool: What others perceive as eccentricity in you is just originality.

**Pisces** Feb. 19–March 20
As the last water sign in the Zodiac, you've absorbed the lessons of the cosmos like a sponge. Consequently, you have genuine empathy for all. For Pisces, there's no such thing as being too nice — which is why you're universally adored.

**Aries** March 21–April 19
Fire signs are courageous. Your intrepid nature often leads you down the rabbit hole, a wonderful — and sometimes scary — destination. You may have regrets but you never dwell on them. Your tombstone could read, "I Did It Anyway."

**Taurus** April 20–May 20
Earth signs are determined. For Taurus, this means materialism — but there's more to you than that. You're ruled by Venus and share her appreciation for art, beauty and comfort with those you love.

**Gemini** May 21–June 21
Air signs are the charmers of the cosmos. Charm is defined as the quality of giving delight. Gemini's wit, versatility and enthusiasm never fail to enchant those willing to dance to your lively tune.

**Cancer** June 22–July 22
Sweet Moon children bear the water sign. You're as emotionally refreshing as a cool pond on a hot day. You instinctively know how to comfort others. You're the bearer of secrets and are the first one turned to in times of trouble.

**Leo** July 23–Aug. 22
It's impossible to ignore fire signs — they burn so hot and bright, they attract others from far and wide to their warmth. Leo is faithful, loving, generous and loyal, qualities that are, quite simply, irresistible.

# Important Facts About Kyleena® (levonorgestrel-releasing intrauterine system) 19.5 mg

**Kyleena does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).**

This information does not take the place of talking with your gynecologist or other healthcare provider (HCP) who specializes in women's health. If you have any questions about Kyleena, ask your HCP.

**INDICATION FOR KYLEENA**
Kyleena is a hormone-releasing intrauterine device (IUD) that prevents pregnancy for up to 5 years.

**Who might use Kyleena?**
You might choose Kyleena if you:

- Want long-term birth control that provides a low chance of getting pregnant (less than 1 in 100)
- Want birth control that works continuously for up to 5 years
- Want birth control that is reversible
- Want a birth control method that you do not need to take daily
- Are willing to use a birth control method that is placed in the uterus
- Want birth control that does not contain estrogen

**You should not use Kyleena if you:**

- Are or might be pregnant; Kyleena cannot be used as an emergency contraceptive
- Have had a serious pelvic infection called pelvic inflammatory disease (PID) unless you have had a normal pregnancy after the infection went away
- Have an untreated pelvic infection now
- Have had a serious pelvic infection in the past 3 months after a pregnancy
- Can get infections easily. For example, if you:
  - Have multiple sexual partners or your partner has multiple sexual partners
  - Have problems with your immune system
  - Abuse intravenous drugs
- Have or suspect you might have cancer of the uterus or cervix
- Have bleeding from the vagina that has not been explained
- Have liver disease or a liver tumor
- Have breast cancer or any other cancer that is sensitive to progestin (a female hormone), now or in the past
- Have an intrauterine device in your uterus already
- Have a condition of the uterus that changes the shape of the uterine cavity, such as large fibroid tumors
- Are allergic to these ingredients:
  - Do not use Kyleena if you're allergic to levonorgestrel, silicone, polyethylene, silver, silica, barium sulfate, polypropylene, or copper phthalocyanine

**Before having Kyleena placed, tell your HCP if you:**

- Have any of the conditions listed above
- Have had a heart attack
- Have had a stroke
- Were born with heart disease or have problems with your heart valves
- Have problems with blood clotting or take medicine to reduce clotting
- Have high blood pressure
- Recently had a baby or are breastfeeding
- Have severe migraine headaches

**Should I check that Kyleena is in place?**
Yes, you should check that Kyleena is in proper position by feeling the removal threads. It is a good habit to do this 1 time a month. If you feel more than just the threads or if you cannot feel the threads, be sure to call your HCP and use back-up birth control, as Kyleena may not be in the right position and may not prevent pregnancy.

**How soon after placement should I return to my HCP?**
Call your HCP if you have any questions or concerns (see "After Kyleena has been placed, when should I call my HCP?"). Otherwise, you should return to your HCP for a follow-up visit 4 to 6 weeks after Kyleena is placed to make sure that Kyleena is in the right position.

**Can I use tampons with Kyleena?**
Yes, tampons may be used with Kyleena.

**What if I become pregnant while using Kyleena?**
Call your HCP right away if you think you may be pregnant. If possible, also do a urine pregnancy test. If you get pregnant while using Kyleena, you may have an ectopic pregnancy.

**What if I become pregnant while using Kyleena? (cont.)**
This means that the pregnancy is not in the uterus. Unusual vaginal bleeding or abdominal pain may be a sign of ectopic pregnancy.

Ectopic pregnancy is a medical emergency that often requires surgery. Ectopic pregnancy can cause internal bleeding, infertility, and even death.

There are also risks if you get pregnant while using Kyleena and the pregnancy is in the uterus. Severe infection, miscarriage, premature delivery, and even death can occur with pregnancies that continue with an intrauterine device (IUD). Because of this, your HCP may try to remove Kyleena, even though removing it may cause a miscarriage. If Kyleena cannot be removed, talk with your HCP about the benefits and risks of continuing the pregnancy.

If you continue your pregnancy, see your HCP regularly. Call your HCP right away if you get flu-like symptoms, fever, chills, cramping, pain, bleeding, vaginal discharge, or fluid leaking from your vagina. These may be signs of infection. It is not known if Kyleena can cause long-term effects on the fetus if it stays in place during a pregnancy.

**How will Kyleena change my periods?**
For the first 3 to 6 months, your period may become irregular and the number of bleeding days may increase. You may also have frequent spotting or light bleeding. Some women have heavy bleeding during this time. After you have used Kyleena for a while, the number of bleeding and spotting days is likely to lessen. There is a small chance that your periods will stop altogether. About 12 out of 100 women stop having periods after 1 year of Kyleena use. When Kyleena is removed, your menstrual periods should return.

**Is it safe to breastfeed while using Kyleena?**
You may use Kyleena when you are breastfeeding if more than 6 weeks have passed since you had your baby. If you are breastfeeding, Kyleena is not likely to affect the quality or amount of your breast milk or the health of your nursing baby. However, isolated cases of decreased milk production have been reported. The risk of Kyleena becoming attached to (embedded) or going through the wall of the uterus is increased if Kyleena is inserted while you are breastfeeding.

**Will Kyleena interfere with sexual intercourse?**
You and your partner should not feel Kyleena during intercourse. Kyleena is placed in the uterus, not in the vagina. Sometimes your partner may feel the threads. If this occurs, or if you or your partner experience pain during sex, talk with your HCP.

**Can I have an MRI with Kyleena in place?**
Kyleena can be safely scanned with MRI only under specific conditions. Before you have an MRI, tell your healthcare provider that you have Kyleena, an intrauterine device (IUD), in place.

**What are the possible serious side effects of Kyleena?**

- **Ectopic pregnancy and intrauterine pregnancy risks.** There are risks if you become pregnant while using Kyleena (see "What if I become pregnant while using Kyleena?").
- **Life-threatening infection.** Life-threatening infection can occur within the first few days after Kyleena is placed. Call your HCP immediately if you develop severe pain or fever shortly after Kyleena is placed.
- **Pelvic inflammatory disease (PID).** Some IUD users get a serious pelvic infection called pelvic inflammatory disease. PID is usually sexually transmitted. You have a higher chance of getting PID if you or your partner has sex with other partners. PID can cause serious problems such as infertility, ectopic pregnancy or pelvic pain that does not go away. PID is usually treated with antibiotics. More serious cases of PID may require surgery. A hysterectomy (removal of the uterus) is sometimes needed. In rare cases, infections that start as PID can even cause death. Tell your HCP right away if you have any of these signs of PID: long-lasting or heavy bleeding, unusual vaginal discharge, low abdominal (stomach area) pain, painful sex, chills, or fever.
- **Perforation.** Kyleena may become attached to (embedded) or go through the wall of the uterus. This is called perforation. If this occurs, Kyleena may no longer prevent pregnancy. If perforation occurs, Kyleena may move outside the uterus and can cause internal scarring, infection, or damage to other organs and you may need surgery to have Kyleena removed. The risk of perforation is increased if Kyleena is inserted while you are breastfeeding.

**Common side effects of Kyleena include:**

- **Pain, bleeding or dizziness during and after placement.** If these symptoms do not stop 30 minutes after placement, Kyleena may not have been placed correctly. Your HCP will examine you to see if Kyleena needs to be removed or replaced.
- **Expulsion.** Kyleena may come out by itself. This is called expulsion. You may become pregnant if Kyleena comes out. If you think that Kyleena has come out, use a back-up birth control method like condoms and spermicide and call your HCP.
- **Missed menstrual periods.** Your periods may stop after 1 year of Kyleena use. If you do not have a period for 6 weeks during Kyleena use, call your HCP. When Kyleena is removed, your menstrual periods should return.
- **Changes in bleeding.** You may have bleeding and spotting between menstrual periods, especially during the first 3-6 months. Sometimes the bleeding is heavier than usual at first. However, the bleeding usually becomes lighter than usual and may be irregular. Call your HCP if the bleeding remains heavier than usual or increases after it has been light for a while.
- **Cysts on the ovary.** Ovarian cysts may occur on the ovary when using Kyleena. These cysts usually disappear on their own in two to three months. However, cysts can cause pain and sometimes cysts will need surgery.

Other common side effects for Kyleena include:

- Inflammation or infection of the outer part of your vagina (vulvovaginitis)
- Abdomen or pelvic pain
- Headache or migraine
- Acne or greasy skin
- Painful periods
- Sore or painful breasts

This is not a complete list of possible side effects with Kyleena. For more information, ask your HCP. Tell your HCP if you have any side effect that bothers you or does not go away.

Call your HCP for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to the manufacturer at 1-888-842-2937, or www.fda.gov/medwatch.

**After Kyleena has been placed, when should I call my HCP?**
If Kyleena is accidentally removed and you had vaginal intercourse within the preceding week, you may be at risk of pregnancy, and you should talk to a HCP. Call your HCP if you have any concerns about Kyleena. Be sure to call if you:

- Think you are pregnant
- Have pelvic pain, abdominal pain, or pain during sex
- Have unusual vaginal discharge or genital sores
- Have unexplained fever, flu-like symptoms or chills
- Might be exposed to sexually transmitted infections (STIs)
- Are concerned that Kyleena may have been expelled (came out)
- Cannot feel Kyleena's threads
- Develop very severe or migraine headaches
- Have yellowing of the skin or whites of the eyes. These may be signs of liver problems
- Have had a stroke or heart attack
- Become HIV positive or your partner becomes HIV positive
- Have severe vaginal bleeding, bleeding that lasts a long time or bleeding that otherwise concerns you

To learn more, talk about Kyleena with your HCP and see the FDA-approved Full Prescribing Information found on www.kyleena.com, or call 1-866-647-3646.

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# KEKE PALMER

# BY THE NUMBERS

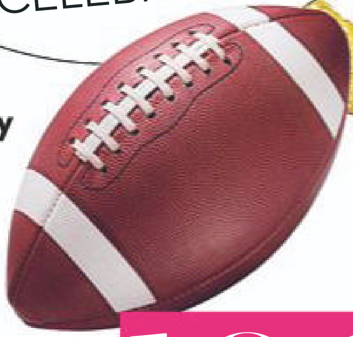
FUN, FAST FIGURES ABOUT YOUR FAVORITE CELEBRITIES

## 10

Age she got her breakthrough role in *Akeelah and the Bee*. Keke auditioned five times and beat out 300 girls for the part.

## 3

Alarms she sets for herself every morning. "I don't pop right up," she confessed. "I like to feel like I'm super in control, and if I'm forced to get up on the first alarm, it's like, life isn't fair."



## 100

Footballs she passed each day during her monthlong training to play a QB in *Longshots*. "I was throwing balls, developing the mechanics and getting the footwork down," she explained.

## KEKE'S NET WORTH

## $7,500,000

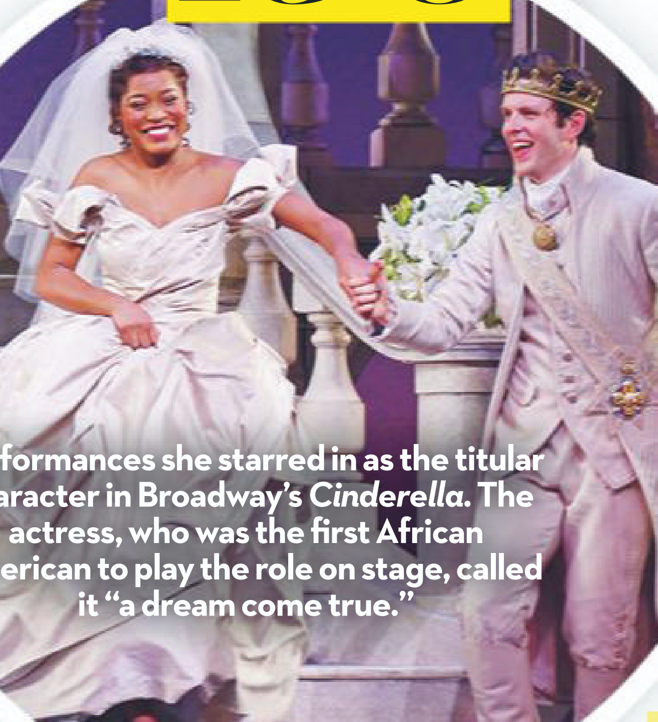
Dollars her Nike Air Force 1 sneakers cost. "I'm always wearing [them]," she said. "They're the most comfortable, the most classic, the most stylish shoe. They're a go-to thing in my closet."

## 90

## 2

Hours her manicure takes at the Brooklyn nail salon she goes to, which she found via Instagram.

## 136



Performances she starred in as the titular character in Broadway's *Cinderella*. The actress, who was the first African American to play the role on stage, called it "a dream come true."

## 20

Episodes there were of her talk show, *Just Keke*. At 20 years old, she became the youngest talk show host in history.

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